

July 2016:

Dear Gippsland (GSI) Member Clubs, Coaches and Swimmers,

After discussion with the GSI Executive, Target Coaches and Managers, Gippsland Sports Academy(GSA) Coaches and Managers, we have decided to update the 2012 version of GSI's athlete pathway a little as well as advise on what is working well. Target Squad has performed extremely well in recent years, with many swimmers progressing on to gain National Times and Camp 21 has been the starting point for many of these swimmers.

Below is an explanation of what has been working well, with a few tweaks, including selection criteria and other info.

GSA Swimming Squad - Run with assistance from GSI Coaches and an outside Coach

Swimmers who gain National Time/s and attend AGE and/or OPEN Nationals in the preceding season, invited to become members of Squad. Gippsland Coaches invited to attend sessions even if Club does not have qualified swimmers.

GSI NATIONAL Target Squad – Appointed Administrator

Swimmers within:

1.00 second or less – 50m

3.00 seconds or less – 100m

8.00 seconds or less – 200m

Based on National times with their age and distance as at 30th April 2016.

Maximum of 12 swimmers – swimmers offered positions on Club Coach recommendation and approval from selection committee. Swimmers will work alongside the GSA Squad and participate in all activities offered.

NATIONAL Development Squad – Appointed Administrator

Swimmers within:

1.01 to 3.00 seconds – 50m

3.01 to 6.00 seconds – 100m

8.01 to 15.00 seconds – 200m

of National Times.

Maximum of 30 swimmers – swimmers offered positions on Club Coach recommendation and approval from selection committee. Run by appointed GSI Coaches with the assistance of other coaches from around Gippsland. Target for this group is national qualification within 2 or 3 years with 4 sessions offered throughout the season.

CAMP 21 (proposal to rename as COUNTRY Target Camp) – Appointed Administrator

Swimmers who are seeking one or more Country times

This Camp should be held when and where there is a local LC Swim meet prior to closing Country Championship entries. (need outdoor 50m and indoor 25m pools to accommodate camp) Training 9.30 -11:30am then target the swims in which these athletes need to get qualifying times after session 1 at the meet. Swimmers introduced in special Country time trial races and all in attendance encouraged to support these events and swimmers. Run by a senior coach with the assistance of other coaches from around Gippsland.

ALL SWIMMERS IN ALL SQUADS SHOULD BE COMPETING AT DUEL IN THE POOL.

Yours sincerely



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