

Fixture and Programs 2014-15

Gippsland Swimming Fixture Season 2014/15

Month	Sat	Sun	GSI Meet No	Meet Name	Venue	Host	Start Time	Entries Due	Age
June	31	1							
	7	8							
	14	15							
	21	22		Season Blast Off	Morwell	TRL	9:30am		
	28	29							
July	5	6							
	12	13		Sale Oil City Christopher Hirth	Sale	Sale			
	19	20		LaTrobe City Cup	Morwell	TRL	9:30am		
	26			Warragul Twilight Meet	Warragul	WGL			
		27		Warragul Twilight Meet	Warragul	WGL			
August	2	3		Victorian Open SC Championships					
	9	10							
	16	17		Victorian Country SC Champs	Shepparton				
	23	24							
	30	31		Gippsland Windows and Doors 10 & Under Encouragement Meet	Churchill	TRL	5:15pm		
September	5-7			Victorian Age SC Championships	MSAC				
	13	14							
	20	21							
	27	28							
October	4	5							
	11	12		Vic Open Water Championships	Hazelwood				
	18	19	1	SC Duel in the Pool	Morwell	TRL	10:00am	29/9	
	25	26	2	LC Haileybury Meet	Haileybury	SGB	10:00am	20/10	
November	1	2		Melbourne Cup Weekend					
	8	9		Country 7-10 Competition					
	15	16	3	SC	Morwell	Morwell	10:00am	10/11	
	22	23	4	SC	Warragul	WGL	10:00am	17/11	
	29	30	5	LC (camp 21)	Sale	SLE	10:00am	24/11	
December	6	7	6	LC (camp 21)	Sale	EGWD	10:00am	1/12	
	13-18			Age LC Championships					
	20	21							
	27	28							
January	3	4	7	LC	Traralgon	TRL	10:00am	29/12	
	11	12							
	16-18			Vic Open LC Championships					
	24-26			Vic Country Championships	Geelong				
February	31	1	8	LC	Bairnsdale	EGWD	10:00am	26/01	
	7	8		Sprint Championships?					
	14	15	9	All Junior	Sale	SLE	10:00am	9/02	
	21	22	10	LC Twilight	Sale	SLE	4pm	16/02	
March	28	1							
	7.8.9		11	Gippsland Championships	Sale	GSI			
	14	15							
	21	22							
	28	39							

GSI Meet Entry Process

Entries: Swimmers to enter on-line* through ClubLane using the link on the GSI website. Entries close on Monday prior to the swim meet at midnight. Only registered swimmers may enter GSI meets. Credit card payment is required.

**Until the ClubLane on line entry process is running smoothly, entries will be submitted by clubs in TM files to entries@gippslandswimming.org.au by Monday prior to the meet. Swimmers will be required to pay \$15 at entry point (+ pool entry fee) as meet entry. Meet 2 and the Gippsland Championships are charged as 'per event' fees. Clubs to collect entry fees in both cases.*

Checking Entries for accuracy: An entry file will be posted on the GSI website after Monday. Parents and Swimmers are encouraged to check the file for accuracy. Please contact the GSI Entries Officer if entries are missing or incorrect.

Late Entries: Late entries are entries submitted after the closing time for on-line entries. Late entries may be made on line but incur a late entry fee of \$30.

Scratching from events: Scratching is to be done through Team Managers *only* (swimmers/parents are not to go to the recording table regarding scratching). **Team Managers are required to submit the appropriate forms by 9:30am for pre-meet scratching.** *After 9:30am swimmers or Team Managers may scratch through the Marshall.* A program will be printed after 9:30am including all pre-meet scratchings. The smooth running of the meet will be affected by the timely submission of scratchings. Swimmers who are unable to attend a meet for which you are entered should contact a Team Manager so they will be scratched from events.

Entry Fee: An entry fee of \$15 is paid when entering on line (or through clubs when entering a TM file). At Meet 2 at Haileybury a 'per event' charge of \$7 will be paid. There is generally an entry fee per person charged upon entry at pools. This varies from venue to venue.

Relay entries: For GSI meets during the regular season, Relay entries may be made using the TM file available at www.gippslandswimming.org.au under FIXTURE. Alternatively, relay entries may be submitted to the Recorder for morning session relays by

9:30am and for afternoon session relays by the break unless otherwise noted in the program instructions.

Recommended Qualifying Times for Open 100 and 200m Events in 2014/15

In an effort to allow swimmers every opportunity to attempt longer distances and achieve Qualifying times for competition outside Gippsland, Qualifying Times have been eliminated from the Gippsland Program for all meets except the Gippsland Championships.

Parents and coaches are asked to be mindful of swimmer's capability in swimming longer distances and bear in mind the following 'recommended' times before entering children in events. These times are the Open QT used in the Gippsland Championships and are generous.

	Female	Male
100 Free	1:20.00	1:15.00
200 Free	3:00.00	2:50.00
100 Back	1:40.00	1:28.00
200 Back	3:30.00	3:20.00
100 Breast	1:50.00	1:45.00
200 Breast	3:50.00	3:45.00
100 Fly	1:40.00	1:30.00
200 Fly	4:00.00	3:55.00
200 IM	3:30.00	3:25.00
400 Free	6:15.00	6:00.00
400 IM	6:15.00	6:00.00

Meet 1
Sunday 19/10/14
Duel in the Pool
Host: Traralgon Venue: Morwell

Morwell Leisure Centre 25m Indoor Pool

McDonald Street Ph 51339900

GIRLS EVENT

BOYS EVENT

1.	15/under 50m Butterfly	2.
3.	16/over 50m Butterfly	4.
5.	13/under 50m Butterfly	6.
7.	11/under 50m Butterfly	8.
9.	9/under 50m Butterfly	10.
11.	Special Event 1	12.
13.	15/under 50m Backstroke	14.
15.	16/over 50m Backstroke	16.
17.	13/under 50m Backstroke	18.
19.	11/under 50m Backstroke	20.
21.	9/under 50m Backstroke	22.
23.	Special Event 2	24.
25.	15/under 50m Breaststroke	26.
27.	16/over 50m Breaststroke	28.
29.	13/under 50m Breaststroke	30.
31.	11/under 50m Breaststroke	32.
33.	9/under 50m Breaststroke	34.
35.	Special Event 3	36.
37.	15/under 50m Freestyle	38.
39.	16/over 50m Freestyle	40.
41.	13/under 50m Freestyle	42.
43.	11/under 50m Freestyle	44.
45.	9/under 50m Freestyle	46.
47.	Special Event 4	

OFFICIALS 10:30am, MARSHALLING 10.45am, COMMENCES 11.00am.
SWIMMERS 9:30am

1. Swimmers compete as members of teams – Orange, Green, Blue and Yellow – rather than as members of Gippsland teams. Teams are selected based on entries with attention given to even teams.
2. Team captains will be chosen based on entries.
3. Entries as usual online. Swimmers enter only form events; times are essential.
4. Teams, Team Captains and Coaches named on GSI website. Swimmers will be given caps corresponding to their team. Swimmers may not wear racing suits, jammers, etc. Only standard training bathers may be worn.
5. Point scores for form strokes – 22 for 1st, 18 for 2nd down to 2 for 10th
6. Points for Special Events – 1st 100pts, 2nd 60pts, 3rd 40pts, 4th 20pts.
7. No ribbons awarded on the day.
8. Meet begins at 11:00/11:30 with swimmers required at the pool by 9:30 for team meetings and strategy session with coaches and team captains.
- 9. Entries due by Monday 29 September**
10. DUEL IN THE POOL trophy engraved with winning Team Captains to remain at the Traralgon Swimming Club Rooms
11. Swimmers restricted to only two “Special Events” on behalf of their team
12. Special events to be announced – see GSI website

SWIMMERS PLEASE NOTE THAT IF YOU DON'T FEEL SAFE DIVING IN YOU MAY START IN THE WATER.

Meet 2
Sunday 26/10/14
LC Meet

Host: SGB Venue: Haileybury

GIRLS EVENT

1.	12 & Under	200M Individual Medley
3.	13 & Over	200M Individual Medley
5.	12 & Under	50M Breaststroke
7.	13 & Over	50M Breaststroke
9.	12 & Under	50M Backstroke
11.	13 & Over	50M Butterfly
13.	12 & Under	100M Backstroke
15.	13 & Over	100M Freestyle
17.	12 & Under	100M Butterfly
19.	13 & Over	100M Breaststroke
21.	12 & Under	50M Butterfly
23.	13 & Over	50M Freestyle (Go Free)
25.	12 & Under	50M Freestyle (Go Free)
27.	13 & Over	50M Backstroke
29.	Open	200M Backstroke
31.	Open	200M Breaststroke
33.	Open	200M Butterfly
35.	Open	200M Freestyle
37.	12 & Under	100M Freestyle
39.	13 & Over	100M Backstroke
41.	12 & Under	100M Breaststroke
43.	13 & Over	100M Butterfly

BOYS EVENT

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OFFICIALS 9:30am, MARSHALLING 9:45am, COMMENCES 10:00am.

TIME TRIAL CONDITIONS:

1. Ribbons to 3rd place presented to Male and Female: 11/12, 13/14, 15/16, 17 & Over
2. Ribbons to 6th place for 8 & Under and 9/10 years.
3. Scoring Open and Interclub points
4. "Go Free" 50M freestyle. Swimmers nominate time. Swimmer/s who swims *exactly* the nominated time to the 1/100th will be allowed entry to all regular season GSI meets at *no cost*. (Gippsland Championships excluded).
5. Swimmers may enter One of events 29-36 (Open 200M events) Events may be combined as required.

Entry Conditions:

1. Entry Process as defined at the front of Meet Programs.
2. As this meet is being held at Haileybury, individual events will be charged at \$7 each.
3. Enter Online [here](#)
4. Late entries allowed on line \$30. Late entry fee applies.

Meet 3
Sunday 16/11/14
Con Amalos SC Meet

Host: Morwell Indoor 25

Venue: Morwell Leisure Centre
BOYS EVENT

GIRLS EVENT

1.	Open	200M Breaststroke	2.
3.	12 & Under	100 Backstroke	4.
5.	13 & Over	100M Freestyle	6.
7.	8 & Under	25M Breaststroke	8.
9.	12 & Under	50M Butterfly	10.
11.	13 & Over	50M Butterfly	12.
13.	12 & Under	100M Individual Medley	14.
15.	Open	200M Backstroke	16.
17.	13 & Over	100M Breaststroke	18.
19.	12 & Under	50M Breaststroke	20.
21.	13 & Over	50M Backstroke	22.
23.	8 & Under	25M Freestyle	24.
25.	Open	200M Freestyle	26.
27.	12 & Under	100M Freestyle	28.
29.	13 & Over	100M Individual Medley	30.
BREAK			

Choose one option in event 27-30

31.	12 & Under	50M Backstroke	32.
33.	13 & Over	50M Freestyle	34.
35.	12 & Under	50M Freestyle	36.
37.	13 & Over	50M Breaststroke	38.
39.	8 & Under	25M Backstroke	40.
41.	12 & Under	100M Breaststroke	42.
43.	Open	200M Butterfly	44.
45.	8 & Under	25M Butterfly	46.
47.	13 & Over	100M Backstroke	48.
49.	12 & Under	100M Butterfly	50.
51.	13 & Over	100M Butterfly	52.

OFFICIALS 9:30am, MARSHALLING 9:45am, COMMENCES 10.00am.

TIME TRIAL CONDITIONS

1. Ribbons to 3rd place presented to Male and Female: 11/12, 13/14, 15/16, 17 & Over
2. Ribbons to 6th place for 8 & under and 9/10 years.
3. Scoring Open and Interclub points

Entry Conditions:

- 1 Entry Process as defined at the front of Meet Programs.
- 2 Enter online [here](#)
- 3 Con Amalos Memorial Trophy presented to winning club on Open Points

**SWIMMERS PLEASE NOTE THAT IF YOU DON'T FEEL SAFE DIVING IN YOU MAY
 START IN THE WATER.**

**Meet 4
Sunday 23/11/14
SC Meet**

Host: Warragul Indoor 25

Venue: Warragul Leisure Centre

GIRLS EVENT

1.	Open	200M Butterfly
3.	11 & Under	50M Breaststroke
5.	12 & Over	50M Breaststroke
7.	8 & under	25M Freestyle
9.	11 & Under	100M Freestyle
11.	12 & Over	100M Freestyle
13.	11 & Under	50M Butterfly
15.	12 & Over	50M Butterfly
17.	11 & Under	100M Backstroke
19.	8 & Under	25M Breaststroke
21.	Open	200M Freestyle
23.	12 & Over	100M Backstroke
25.	11 & Under	100M Individual Medley
27.	12 & Over	100M Individual Medley

BREAK

29.	Open	4x50M Medley Relay
31.	11 & Under	100M Butterfly
33.	12 & Over	50M Backstroke
35.	11 & Under	50M Backstroke
37.	12 & Over	100M Breaststroke
39.	8 & Under	25M Backstroke
41.	Open	200M Backstroke
43.	25 & Over	50M Freestyle
45.	11 & Under	100MBreaststroke
47.	8 & Under	25M Butterfly
49.	12 & Over	50M Freestyle
51.	11 & Under	50M Freestyle
53.	12 & Over	100M Butterfly
55.	Open	200M Breaststroke
57.	Open	4x50M Freestyle Relay

BOYS EVENT

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OFFICIALS 9:30am, MARSHALLING 9:45am, COMMENCES 10.00am.

TIME TRIAL CONDITIONS:

1. Ribbons presented 3 place 10/11, 12/13, 14/15, 16/17, 18 & Over
2. Ribbons presented to 6th place for 9 years and under.
3. Scoring Open and Interclub points

Entry Conditions

1. Entry Process as defined at the front of Meet Programs. Meet Entry Fee
2. Late entries allowed on line \$30. Late entry fee applies.
3. Enter online [here](#)
4. Entries for relays are due with recorder by event 17

**SWIMMERS PLEASE NOTE THAT IF YOU DON'T FEEL SAFE DIVING IN YOU
MAY START IN THE WATER**

Meet 5
Saturday 29/11/14
Tom Osborne Memorial Meet
Host: Sale Venue: Lex Glover Outdoor 50
Inc. Camp 21

Sale 50m Outdoor

Guthridge St 51423423

GIRLS EVENT**BOYS EVENT**

1.	Open	400M Freestyle	2.
3.	Open	400M Individual Medley	4
5.	11 & Under	50M Breaststroke	6.
7.	12 & Over	50M Backstroke	8.
9.	11 & Under	100M Backstroke	10.
11.	12 & Over	100M Freestyle	12.
13.	11 & Under	50M Butterfly	14.
15.	12 & Over	50M Butterfly	16.
17.	11 & Under	200 Individual Medley	18.
19.	Open	200M Freestyle	20.
21.	12 & Over	100M Breaststroke	22.
23.	11 & Under	100M Freestyle	24.
25.	12 & Over	200M Individual Medley	26.
27	11& Under	4x50m Medley Relay	28
29	12 & Over	4x50m Medley Relay	30

BREAK**Choose one option in events 29 to 32**

31.	Open	200M Butterfly	32.
33.	11 & Under	50M Backstroke	34.
35.	12 & Over	50M Breaststroke	36
37.	11 & Under	100M Breaststroke	38.
39.	12 & Over	100M Butterfly	40.
41.	Open	200M Backstroke	42
43.	25 & O	50M Freestyle	44
45.	11 & Under	50M Freestyle	46.
47	12 & Over	50M Freestyle	48.
49.	11 & Under	100M Butterfly	50.
51.	12 & Over	100M Backstroke	52.
53	Open	200M Breaststroke	54

OFFICIALS 9:30am, MARSHALLING 9:455am, COMMENCES 10.00am.

TIME TRIAL CONDITIONS:

1. Ribbons presented 3 place 10/11, 12/13, 14/15, 16/17, 18 & Over
2. Ribbons presented to 6th place for 9 years and under.
3. Swimmers may choose one swim only in events 1-4
4. Scoring Open and Interclub points
5. Tom Osborne Shield presented to team with highest Aggregate points
6. Relay entries due with recorder by 10:00am

Entry Conditions:

1. Entry Process as defined at the front of Meet Programs.
2. Enter online [here](#)

SWIMMERS PLEASE NOTE THAT IF YOU DON'T FEEL SAFE DIVING IN YOU MAY
START IN THE WATER

**Meet 6
Saturday 6/12/14
LC Meet**

**Host: EGWD Venue: Lex Glover Outdoor 50
Inc. Camp 21**

Lex Glover Outdoor 50m pool

GIRLS EVENT

1.	Open	200M Backstroke
3.	12 & Under	100M Freestyle
5.	13 & Over	100M Freestyle
7.	12 & Under	50M Butterfly
9.	13 & Over	50M Butterfly
11.	12 & Under	200M Individual Medley
13.	Open	200M Freestyle
15.	13 & Over	100M Breaststroke
17.	12 & Under	100M Backstroke
19.	Open	200M Breaststroke
21.	13 & Over	50M Backstroke
23.	12 & Under	50M Breaststroke
25.	13 & Over	200M Individual Medley

BOYS EVENT

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22.
24.
26.

BREAK

Choose one option in event 27-30

27.	Open	400M Individual Medley	28
29.	Open	400M Freestyle	30.
31.	12 & Under	50M Backstroke	32.
33.	13 & Over	50M Freestyle	34.
35.	25 & O	50M Freestyle	36.
37.	12 & Under	100M Breaststroke	38.
39.	13 & Over	100M Backstroke	40
41.	12 & Under	100M Butterfly	42
43.	13 & Over	100M Butterfly	44.
45.	12 & Under	50M Freestyle	46.
47.	13 & Over	50M Breaststroke	48.
49.	Open	200M Butterfly	50.

OFFICIALS 9:30am, MARSHALLING 9:45am, COMMENCES 10.00am.

TIME TRIAL CONDITIONS

1. Ribbons to 3rd place presented to Male and Female: 11/12, 13/14, 15/16, 17 & Over
2. Ribbons to 6th place for 8 & Under and 9/10 years.
3. Swimmers may choose one option in events 27 -30
4. Scoring Open and Interclub points

Entry Conditions:

1. Entry Process as defined at the front of Meet Programs
2. Enter online [here](#)

**SWIMMERS PLEASE NOTE THAT IF YOU DON'T FEEL SAFE DIVING IN YOU MAY
START IN THE WATER.**

Meet 7
Saturday 4/01/15
Last Blast LC Meet

Host: Traralgon

Venue: Traralgon Outdoor 50

GIRLS EVENT

BOYS EVENT

1.	Open	200M Butterfly	2.
3.	11 & Under	50M Butterfly	4.
5.	18 & Over	50M Butterfly	6.
7.	12 & Over	100M Butterfly	8.
9.	Open	200M Backstroke	10.
11.	11 & Under	50M Backstroke	12.
13.	18 & Over	50M Backstroke	14.
15.	12 & Over	100M Backstroke	16.
17.	Open	200M Individual Medley	18.
19.	11 & Under	50M Breaststroke	20.
21.	18 & Over	50M Breaststroke	22.
23.	12 & Over	100M Breaststroke	24.
25.	Open	200M Breaststroke	26.
27.	11 & Under	50M Freestyle	28.
29.	18 & Over	50M Freestyle	30.
31.	12 & Over	100M Freestyle	32.
33.	Open	200M Freestyle	34.
35.	Open	400M Freestyle	36.
37.	Open	400M Individual Medley	38.

OFFICIALS 9:30am, MARSHALLING 9:45am, COMMENCES 10.00am.

TIME TRIAL CONDITIONS:

1. Ribbons to 3rd place presented to Male and Female: 11 & U, 12, 13, 14-15, 16-17, 18 & O
2. Scoring Open and Interclub points

Entry Conditions:

3. Entry Process as defined at the front of Meet Programs
4. Entries close the Monday prior to the meet
5. Enter [here](#) online

**SWIMMERS PLEASE NOTE THAT IF YOU DON'T FEEL SAFE DIVING IN YOU
 MAY START IN THE WATER**

Meet 8
Saturday 31/01/15
LC Meet

Host: EGWD

Venue: Bairnsdale Outdoor 50

GIRLS EVENT

BOYS EVENT

1.	Open	200M Freestyle	2.
3.	11 & Under	50M Breaststroke	4.
5.	12 & Over	50M Breaststroke	6.
7.	11 & Under	100M Freestyle	8.
9.	12 & Over	100M Freestyle	10.
11.	11 & Under	50M Butterfly	12.
13.	12 & Over	50M Butterfly	14.
15.	11 & Under	100M Backstroke	16.
17.	Open	200M Butterfly	18.
19.	12 & Over	100M Backstroke	20.
21.	11 & Under	200M Individual Medley	22.
23.	12 & Over	200M Individual Medley	24.
		BREAK	
25.	Open	4x50M Medley Relay	26
27.	11 & Under	100M Butterfly	28.
29.	12 & Over	50M Backstroke	30.
31.	11 & Under	50M Backstroke	32
33.	12 & Over	100M Breaststroke	34.
35.	25 & O	50M Freestyle	36.
37.	Open	200M Backstroke	38.
39.	11 & Under	100MBreaststroke	40
41.	12 & Over	50M Freestyle	42.
43.	11 & Under	50M Freestyle	44.
45.	12 & Over	100M Butterfly	46.
47.	Open	200M Breaststroke	48.
49.	Open	4x50M Freestyle Relay	50.

OFFICIALS 9:30am, MARSHALLING 9:45am, COMMENCES 10.00am.

TIME TRIAL CONDITIONS:

1. Ribbons presented 3 place 10/11, 12/13, 14/15, 16/17, 18 & Over
2. Ribbons presented to 6th place for 9 years and under.
3. Scoring Open and Interclub points

Entry Conditions

4. Entry Process as defined at the front of Meet Programs.
5. Relay entries due with recorder by event 21
6. Entries close the Monday prior to the meet.

**SWIMMERS PLEASE NOTE THAT IF YOU DON'T FEEL SAFE DIVING IN YOU MAY
START IN THE WATER.**

Meet 9
Saturday 14/02/15
All Junior
Sale

Lex Glover Aquatic Centre
Guthridge St Sale

BOYS EVENT			GIRLS EVENT		BOYS EVENT			GIRLS EVENT	
1.	8 & Under	50m Butterfly	2.	39.	35& Over 4 x 50m Freestyle Relay	40.			
3.	9 Years	50m Butterfly	4.	41.	8 & Under 50m Breaststroke	42.			
5.	10 Years	50m Butterfly	6.	43.	9 Years 50m Breaststroke	44.			
7.	11 Years	50m Butterfly	8.	45.	10 Years 50m Breaststroke	46.			
9.	12 Years	50m Butterfly	10.	47.	11 Years 50m Breaststroke	48.			
11.	13 Years	50m Butterfly	12.	49.	12 Years 50m Breaststroke	50.			
13.	14 Years	50m Butterfly	14.	51.	13 Years 50m Breaststroke	52.			
15.	15 & Over	50m Butterfly	16.	53.	14 Years 50m Breaststroke	54.			
17.	35 & Over	50m Butterfly	18.	55.	15 & Over 50m Breaststroke	56.			
19.	MD 1. Mixed	50m Butterfly		57.	35 & Over 50m Breaststroke	58.			
20.	8 & Under	50m Backstroke	21.	59.	MD 3. Mixed 50m Breaststroke				
22.	9 Years	50m Backstroke	23.	60.	8 & Under 50m Freestyle	61.			
24.	10 Years	50m Backstroke	25.	62.	9 Years 50m Freestyle	63.			
26.	11 Years	50m Backstroke	27.	64.	10 Years 50m Freestyle	65.			
28.	12 Years	50m Backstroke	29.	66.	11 Years 50m Freestyle	67.			
30.	13 Years	50m Backstroke	31.	68.	12 Years 50m Freestyle	69.			
32.	14 Years	50m Backstroke	33.	70.	13 Years 50m Freestyle	71.			
34.	15 & Over	50m Backstroke	35.	72.	14 Years 50m Freestyle	73.			
36.	35 & Over	50m Backstroke	37.	74.	15 & Over 50m Freestyle	75.			
38.	MD 2. Mixed	50m Backstroke		76.	35 & Over 50m Freestyle	77.			
				78.	MD 4. Mixed 50m Freestyle				

OFFICIALS 9:30am, MARSHALLING 9:45am, COMMENCES 10.00am.

1. At this meet swimmers may be offered the opportunity to swim at the Country All Junior Meet to be held at MSAC on ___ March for semi-finals and ___ March for finals.
2. All Junior selection age as on ___ March.
3. Swimmers may apply for Stroke Proficiency Certificates (Proficiency, Intermediate, and Beginner) prior to or on the day through GSI Vice President and Proficiency Officer, Joyce Nowrungsah. Inquire through Club Secretary.

Entry Conditions:

1. Entry Process as defined at the front of Meet Programs.
2. Entries close the Monday prior to the meet.
3. Relay entries for event 39 due by event 20.

SWIMMERS PLEASE NOTE THAT IF YOU DON'T FEEL SAFE DIVING IN YOU MAY START IN THE WATER.

ALL JUNIOR

On 14th February at the Sale Outdoor Pool, the heats for All Junior will be held. For All Junior, swimmers compete in their own age group over 50 metres in each stroke. The fastest 5 swimmers in the district in each stroke will go on to compete in the Finals in Melbourne on March

Swimmers may also apply for 'Proficiency Certificates' in conjunction with All Junior entries.

Proficiency Certificates are available as follows:

- Elementary - shows competence in 50m of both Freestyle and Backstroke
- Intermediate - shows competency in 50m of Freestyle, Backstroke and Breaststroke **or** Butterfly
- Proficiency - shows competency in 50m of Freestyle, Backstroke, Breaststroke and Butterfly

Swimmers do not need to achieve specific times to qualify for Proficiency certificates; they need only complete the distance with correct technique. The highest award may be applied for without attaining the lower awards.

Costs for Proficiency certificates is \$1.

Swimmers may apply for Proficiency Certificates upon entering the pool on 14th February. Inquire at the entry point.

Meet 10
Saturday 21/02/15
Twilight Meet

Host: Sale Swimming Club

Venue: Lex Glover Complex

GIRLS EVENT

BOYS EVENT

1.	Open	200M Breaststroke	2.
3.	12 & Under	100 Backstroke	4.
5.	13 & Over	100M Freestyle	6.
7.	12 & Under	50M Butterfly	8.
9.	13 & Over	50M Butterfly	10.
11.	25 & Over	50M Freestyle	12.
13.	12 & Under	200M Individual Medley	14.
15.	Open	200M Backstroke	16.
17.	13 & Over	100M Breaststroke	18.
19.	12 & Under	50M Breaststroke	20.
21.	13 & Over	50M Backstroke	22.
23.	Open	200M Freestyle	24.
25.	12 & Under	100M Freestyle	26.
27.	13 & Over	200M Individual Medley	28.

BREAK

Choose one option in event 29-32

29.	Open	400M Individual Medley	30
31.	Open	400M Freestyle	32.
33.	12 & Under	50M Backstroke	34.
35.	13 & Over	50M Freestyle	36.
37.	12 & Under	50M Freestyle	38
39.	13 & Over	50M Breaststroke	40.
41.	12 & Under	100M Breaststroke	42.
43.	Open	200M Butterfly	44.
45.	13 & Over	100M Backstroke	46.
47.	12 & Under	100M Butterfly	48
49.	13 & Over	100M Butterfly	50.

OFFICIALS 3:00pm, MARSHALLING 3.15pm, COMMENCES 4:00m.

TIME TRIAL CONDITIONS

1. Ribbons to 3rd place presented to Male and Female: 11/12, 13/14, 15/16, 17 & Over
2. Ribbons to 6th place for 8 & Under and 9/10 years.
3. Swimmers may choose one option in events 29-32
4. Scoring Open and Interclub points

Entry Conditions:

- 1 Entry Process as defined at the front of Meet Programs.
- 2 Online entries the Monday prior to the meet.

SWIMMERS PLEASE NOTE THAT IF YOU DON'T FEEL SAFE DIVING IN YOU MAY START IN THE WATER.

INTERNATIONAL POWER GDF Suez Mitsui Co., Ltd

GIPPSLAND CHAMPIONSHIPS

7, 8, 9 March 2015

DAY 1

Sale 50m Outdoor

Guthridge St 51423423

GIRLS EVENT

BOYS EVENT

1.	Mixed Multi-Disability	50M	Freestyle	
2.	35 & Over	50M	Freestyle	3.
4	Open	200M	Breaststroke	5.
	Q.TIMES	Girls 3:50,	Boys 3:45	
6.	13/14 Years	200M	Freestyle	7.
8.	11/12 Years	200M	Ind. Medley	9.
10.	15/16 Years	100M	Butterfly	11.
12.	17 & Over	50M	Butterfly	13.
14.	8 & Under	50M	Breaststroke	15.
16.	Open	400M	Freestyle	17.
	Q.TIMES	Girls 6:15,	Boys 6:00	
18.	11/12 Years	100M	Freestyle	19.
20.	13/14 Years	100M	Breaststroke	21.
22.	15/16 Years	200M	Freestyle	23.
24.	17 & Over	50M	Backstroke	25.
26.	9/10 Years	50M	Backstroke	27.
28.	Open	200M	Butterfly	29.
	Q.TIMES	Girls 4:00,	Boys 3:55	
30.	13/14 Years	100M	Backstroke	31.
32.	17 & Over	4X50M	Medley Relay	33.
34.	10 & Under	4x50M	Freestyle Relay	35.
36.	16 & Under	4x50M	Freestyle Relay	37.
38.	12 & Under	4x50M	Medley Relay	39.
40.	Open	4x100M	Medley Relay	41.

OFFICIALS 8:30 a.m., MARSHALLING 8:45 a.m., COMMENCES 9.00 a.m.

Entry Conditions

1. **ON LINE ENTRIES** No paper entries.
2. **Individual Entries \$7.00**
3. **Relay Entries \$10.00**
4. **Entries close _____**
5. **Entries regulated by By-Laws Section G.**
6. **Relay events will be swum as time trials as part of the Finals Program.**

FINALS PLANNED TO START AT 3.00pm

SWIMMERS PLEASE NOTE THAT IF YOU DON'T FEEL SAFE DIVING IN YOU MAY START IN THE WATER.

INTERNATIONAL POWER GDF Suez Mitsui Co., Ltd
GIPPSLAND CHAMPIONSHIPS
DAY 2

Sale 50m Outdoor

Guthridge St 51423423

GIRLS EVENT**BOYS EVENT**

42.	12 & Under	200M	Freestyle	43.
44	Open	200M	Backstroke	45.
Q.TIMES Girls 3:30, Boys 3:20				
46.	8 & Under	50M	Freestyle	47.
48.	9/10 Years	50M	Freestyle	49.
50.	17 & Over	50M	Breaststroke	51.
52.	Mixed Multi-Disability	50M	Backstroke	.
53.	13/14 Years	100M	Butterfly	54.
55.	Open	100M	Freestyle	56.
Q.TIMES Girls 1:20, Boys 1:15				
57.	15/16 Years	100M	Backstroke	58.
59.	11/12 Years	100M	Breaststroke	60.
61.	Open	400M	Ind. Medley	62.
Q.TIMES Girls 6:15, Boys 6:00				
63.	8 & Under	50M	Backstroke	64.
65.	9/10 Years	50M	Butterfly	66.
67.	17 & Over	50M	Freestyle	68.
69.	15/16 Years	100M	Freestyle	70.
71.	13/14 Years	200M	Ind. Medley	72.
73.	Open	100M	Breaststroke	74.
Q.TIMES Girls 1:50, Boys 1:45				
75.	8 & Under	4x50M	Freestyle Relay	76.
77.	12 & Under	4x50M	Freestyle Relay	78.
79.	16 & Under	4x50M	Medley Relay	80.
81.	14 & Under	4x50M	Medley Relay	82.
83.	17 & Over	4x50M	Freestyle Relay	84.

OFFICIALS 8:30 a.m., MARSHALLING 8:45 a.m., COMMENCES 9.00 a.m.

FINALS PLANNED TO START AT 3.00pm

SWIMMERS PLEASE NOTE THAT IF YOU DON'T FEEL SAFE DIVING IN YOU MAY START IN THE WATER.

INTERNATIONAL POWER GDF Suez Mitsui Co., Ltd
GIPPSLAND CHAMPIONSHIPS
DAY 3

Sale 50m Outdoor

Guthridge St 51423423

GIRLS EVENT**BOYS EVENT**

85.	Mixed Multi-Disability	50M	Butterfly	
86.	Open	100M	Butterfly	87.
Q.TIMES Girls 1:40, Boys 1:30				
88.	10 & Under	200M	Ind. Medley	89.
90.	11/12 Years	100M	Backstroke	91.
92.	15/16 Years	200M	Ind. Medley	93.
94.	17 & Over	200M	Ind. Medley	95.
96.	13/14 Years	100M	Freestyle	97.
98.	9/10 Years	50M	Breaststroke	99.
100.	Open	200M	Individual Medley	101.
Q.TIMES Girls 3:30, Boys 3:25				
102.	25 & Over	50M	Freestyle	103.
104.	8 & Under	50M	Butterfly	105.
106.	Mixed Multi Disability	50M	Breaststroke	
107.	Open	100M	Backstroke	108.
Q.TIMES Girls 1:35, Boys 1:28				
109.	11/12 Years	100M	Butterfly	110.
111.	15/16 Years	100M	Breaststroke	112.
113.	Open	200M	Freestyle	114.
Q.TIMES Girls 2:50, Boys 2:35				
115.	14 & Under	4x50M	Freestyle Relay	116.
117.	10 & Under	4x50M	Medley Relay	118.
119.	Open	4x100M	Freestyle Relay	120.

OFFICIALS 8:30 a.m., MARSHALLING 8:45 a.m., COMMENCES 9.00 a.m.

FINALS PLANNED TO START AT 2.00pm

SWIMMERS PLEASE NOTE THAT IF YOU DON'T FEEL SAFE DIVING IN YOU MAY
START IN THE WATER