

## GSI DRAFT Fixture 2023-24

Month	Sat	Sun	Meet Name	Venue	SC LC	Host	Start Time	Entries Due
<b>October</b>	1	2						
	7	8	GSI SC Meet 1	MWL	SC	MWL		
	14	15	GSI SC Meet 2	Leongatha	SC	SGB		
	21	22	GSI LC Meet 3	GRAC	LC	TRL		
	28	29	Country Junior District Competition					
<b>November</b>	4	5	Melbourne Cup Weekend					
	11	12	GSI SC Meet 4	WGL	LC	WGL		
	18	19	GSI LC Meet 5 Duel in the Pool	Leongatha	SC	SGB		
	25	26	GSI LC Meet 6	SLE	LC	SLE		
<b>December</b>	2	3	GSI LC Meet 7	SLE	LC	EGWD		
	9	10	GSI LC Meet 8 Camp 21	GRAC	LC	TRL		
	16	17	Victorian Age LC Championships					
	23	24	Christmas Break					
	30	31						
<b>January</b>	6	7	GSI Meet 9 Last Blast Camp 21	WGL	LC	WGL		
	13	14	Victorian Sprint Championships					
	20	21 22	Country LC Championships	GRAC	LC	Gippsland		
	27	28						
<b>February</b>	3	4	GSI LC Meet 10	MOE	LC	MOE		
	10	11	GSI LC Meet 11	WGL	LC	WGL		
	17	18	GSI LC Meet 12 All Junior	SLE	LC	SLE		
	23	25	Victorian Open LC Championships					
<b>March</b>	2	3						
	9	10 11	Gippsland Championships	GRAC	LC			
	16	17	Country All Junior Comp					

### Entries

On-line through Swim Central. Entries close on Wednesday at 9pm prior to the swim meet. Only registered swimmers may enter GSI meets (with the exception of All Junior). Credit card payment is required.

### Restrictions

At the 2023 GSI AGM, some new restrictions were added to GSI meets. Most of these are in place to stop our meets becoming too long as the district grows.

- 5 Event Limit – swimmers will be limited to enter only 5 events except at the Gippsland Championships.
- Some Open 200+ events will be limited to swimmers 11 years and over.
- At the Gippsland Championships the fastest heat of Open events will be swum in the finals session.

**Checking Entries for accuracy:** An entry file will be posted on the GSI website on Friday along with a Meet Program. Meets are regularly updated on Meet Mobile as well. Parents and swimmers are encouraged to check the file for accuracy. Please contact the GSI Entries Officer at [entries@gippslandswimming.org.au](mailto:entries@gippslandswimming.org.au) if entries are missing or incorrect.

**Late Entries:** Late entries are entries submitted after the closing time for on-line entries. Contact Jane at [entries@gippslandswimming.org.au](mailto:entries@gippslandswimming.org.au) Late entries *may* be accepted dependent on available lane space. Late Manual

Entries incur a fee of **\$30** which must be paid by direct deposit as directed by the GSI Entries Officer.

**Scratching from events at meets:** Scratching is to be done through Team Managers *only* (swimmers/parents are not to go to the recording table regarding scratching). **Team Managers are required to submit the appropriate forms by 9:30am for pre-meet scratching.** *After 9:30am swimmers or Team Managers may scratch through the Marshall.* A program will be printed after 9:30am including all pre-meet scratchings. The smooth running of the meet will be affected by the timely submission of scratchings.

Swimmers who are unable to attend a meet for which you are entered should contact a Team Manager so they will be scratched from events.

**Entry Fee:** An entry fee of **\$21 (except for Gippies)** is paid when entering on line. There will be no entry fee for spectators. No meet entries will be refunded.

**Relay entries:** Relay entries for Gippsland Championships are to be made through Swim Central. Relay entries for regular season meets may be submitted to the Recorder for morning session relays by 9:30am and for afternoon session relays by the break unless otherwise noted in the program instructions. Relay events are not currently listed in meets, but will be added if time allows and it is deemed appropriate. Clubs will be notified.

## **Recommended Qualifying Times for Open 100 and 200m Events in 2023/24**

In an effort to allow swimmers every opportunity to attempt longer distances and achieve Qualifying times for competition outside Gippsland, Qualifying Times have been eliminated from the Gippsland Program for all meets except for Open events at the Gippsland Championships.

Parents and coaches are asked to be mindful of swimmer's capability in swimming longer distances and bear in mind the following 'recommended' times before entering children in events. These times are the Open QT used in the Gippsland Championships and are generous.

	<b>Female</b>	<b>Male</b>
<b>100 Free</b>	<b>1:20.00</b>	<b>1:15.00</b>
<b>200 Free</b>	<b>3:00.00</b>	<b>2:50.00</b>
<b>100 Back</b>	<b>1:40.00</b>	<b>1:28.00</b>
<b>200 Back</b>	<b>3:30.00</b>	<b>3:20.00</b>
<b>100 Breast</b>	<b>1:50.00</b>	<b>1:45.00</b>
<b>200 Breast</b>	<b>3:50.00</b>	<b>3:45.00</b>
<b>100 Fly</b>	<b>1:40.00</b>	<b>1:30.00</b>
<b>200 Fly</b>	<b>4:00.00</b>	<b>3:55.00</b>
<b>200 IM</b>	<b>3:30.00</b>	<b>3:25.00</b>
<b>400 Free</b>	<b>6:15.00</b>	<b>6:00.00</b>
<b>400 IM</b>	<b>6:15.00</b>	<b>6:00.00</b>

**Meet 1 SC  
Con Amalos Meet  
Morwell  
Sunday 8/10/23**

Venue: [Morwell Leisure Centre](#) McDonald Street, Morwell

**GIRLS EVENT**

1	Open	200M Breaststroke
3	12 & Under	100 Backstroke
5	13 & Over	100M Freestyle
7	8 & Under	25M Breaststroke
9	12 & Under	50M Butterfly
11	13 & Over	50M Butterfly
13	Open	200M Backstroke
15	12 & Under	100M Individual Medley
17	13 & Over	100M Breaststroke
19	12 & Under	50M Breaststroke
21	13 & Over	50M Backstroke
23	8 & Under	25M Freestyle
25	Open	200M Freestyle
27	12 & Under	100M Freestyle
29	13 & Over	100M Individual Medley
31	12 & Under	50M Backstroke
33	13 & Over	50M Freestyle
35	8 & Under	25M Backstroke
37	12 & Under	50M Freestyle
39	13 & Over	50M Breaststroke
41	Open	200M Butterfly
43	12 & Under	100M Breaststroke
45	13 & Over	100M Backstroke
47	8 & Under	25M Butterfly
49	12 & Under	100M Butterfly
51	13 & Over	100M Butterfly
53	Open	200 Individual Medley

**BOYS EVENT**

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**OFFICIALS 9:30am, MARSHALLING 9:45am, COMMENCES 10.00am.**

**Time Trial Conditions**

1. Ribbons to 3<sup>rd</sup> place presented to Male and Female: 11/12, 13/14, 15/16, 17 & Over
2. Ribbons to 6<sup>th</sup> place for 8 & under and 9/10 years.
3. Scoring Open and Interclub points
4. Break dependent on number of entries
5. Open events restricted to 11/O swimmers

**Entry Conditions:**

1. Entry Process as defined at the front of Meet Programs.
2. Enter online
3. Late manual entries \$30 after Wednesday prior to meet
4. Swimmers are limited to 5 events

# Meet 2 SC Leongatha Sunday 15/10/23

Venue: [South Gippsland Splash](#) Roughead St Leongatha

## GIRLS EVENT

1	Open	200 Individual Medley
3	11 & Under	100M Freestyle
5	12 & Over	100M Freestyle
7	8 & under	25M Butterfly
9	11 & Under	50M Breaststroke
11	12 & Over	50M Breaststroke
13	Open	200M Butterfly
15	11 & Under	50M Butterfly
17	12 & Over	50M Butterfly
19	8 & Under	25M Breaststroke
21	11 & Under	100M Backstroke
23	12 & Over	100M Backstroke
25	Open	200M Freestyle
27	11 & Under	100M Individual Medley
29	12 & Over	100M Individual Medley

## BOYS EVENT

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31	Mixed Family Pairs	2 x 25m Freestyle
32	12 & Over	50M Backstroke
34	11 & Under	50M Backstroke
36	8 & Under	25M Backstroke
38	12 & Over	100M Breaststroke
40	11 & Under	100MBreaststroke
42	Open	200M Backstroke
44	25 & Over	50M Freestyle
46	11 & Under	50M Freestyle
48	12 & Over	50M Freestyle
50	8 & Under	25M Freestyle
52	Open	200M Breaststroke
54	11 & Under	100M Butterfly
56	12 & Over	100M Butterfly

**OFFICIALS 9:30am, MARSHALLING 9:45am, COMMENCES 10.00am.**

### Time Trial Conditions:

1. Ribbons presented 3 place 10/11, 12/13, 14/15, 16 & Over
2. Ribbons presented to 6<sup>th</sup> place for 9 years and under.
3. Scoring Open and Interclub points
4. Open events restricted to 11/Over swimmers

### Entry Conditions

1. Entry Process as defined at the front of Meet Programs. Meet Entry Fee
2. Late manual entries \$30.
3. Enter online. Entries close Wednesday prior to meet
4. Entries for relays are due with recorder by 10am
5. Swimmers are limited to 5 events

# Meet 3 LC

## Spring Long Course

### Sunday 22/10/23

**Venue:** Gippsland Regional Aquatic Centre, Kay Street, Traralgon

#### GIRLS EVENT

1	*Open
3	12 & Under
5	13 & Over
7	12 & Under
9	13 & Over
11	*Open
13	12 & Under
15	13 & Over
17	12 & Under
19	13 & Over
21	*Open
23	12 & Under
25	13 & Over
27	12 & Under
29	13 & Over

800M Freestyle
200M Individual Medley
200M Individual Medley
100M Freestyle
100M Freestyle
200 Breaststroke
50M Breaststroke
50M Backstroke
50M Butterfly
50M Butterfly
200M Backstroke
100M Backstroke
100M Butterfly
200M Freestyle
200M Freestyle

#### BOYS EVENT

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#### Proposed BREAK

31	*Open	400M Individual Medley
33	*Open	400M Freestyle
35	12 & Under	50M Backstroke
37	13 & Over	50M Freestyle
39	25 & O	50M Freestyle
41	12 & Under	100M Breaststroke
43	13 & Over	100M Backstroke
45	12 & Under	50M Freestyle
47	13 & Over	50M Breaststroke
49	12 & Under	100M Butterfly
51	13 & Over	100M Breaststroke
53	*Open	200M Butterfly

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**OFFICIALS 8:30am, MARSHALLING 8:45am, COMMENCES 9.00am.**

#### Time Trial Conditions

1. Ribbons to 3<sup>rd</sup> place presented to Male and Female: 11/12, 13/14, 15/16, 17 & Over
2. Ribbons to 6<sup>th</sup> place for 8 & Under and 9/10 years.
3. Swimmers may choose one option in events 31-34
4. Scoring Open and Interclub points
5. \*Open events are restricted to 11/Over

#### Entry Conditions:

1. Entry Process as defined at the front of Meet Programs
2. Late entries \$30.
3. Enter online
4. Entries close Wednesday prior to meet at 9pm
5. Swimmers are limited to 5 events

**Meet 4 LC**  
**Warragul**  
**Saturday 11/11/23**

**Venue:** [Warragul Leisure Centre Outdoor Pool](#) Burke Street Warragul

**GIRLS EVENT**

1	*Open	400M Freestyle
3	*Open	400M IM
5	11 & Under	100M Freestyle
7	12 & Over	100M Freestyle
9	11 & Under	50M Breaststroke
11	12 & Over	50M Breaststroke
13	*Open	200M Butterfly
15	11 & Under	50M Butterfly
17	12 & Over	50M Butterfly
19	11 & Under	100M Backstroke
21	12 & Over	100M Backstroke
23	11 & Under	200M Freestyle
25	12 & Over	200M Freestyle
27	11 & Under	200M Individual Medley
29	12 & Over	200M Individual Medley

**BOYS EVENT**

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**BREAK**

31	12 & Over	50M Backstroke	324
33	11 & Under	50M Backstroke	34
35	12 & Over	100M Breaststroke	36
37	11 & Under	100M Breaststroke	38
39	*Open	200M Backstroke	40
41	25 & Over	50M Freestyle	42
43	11 & Under	50M Freestyle	44
45	12 & Over	50M Freestyle	46
47	*Open	200M Breaststroke	48
49	11 & Under	100M Butterfly	50
51	12 & Over	100M Butterfly	52

**OFFICIALS 9:30am, MARSHALLING 9:45am, COMMENCES 10.00am.**

**Time Trial Conditions:**

1. Ribbons presented 3 place 10/11, 12/13, 14/15, 16 & Over
2. Ribbons presented to 6<sup>th</sup> place for 9/under.
3. Scoring Open and Interclub points
4. \*Open events limited to 11/Over

**Entry Conditions**

1. Entry Process as defined at the front of Meet Programs. Meet Entry Fee
2. Late manual entries \$30.
3. Enter online. Entries close at 9pm Wednesday before the meet
4. Swimmers are limited to 5 events

# Meet 5 SC **Duel in the Pool** Leongatha Sunday 19/11/23

Venue: [South Gippsland Splash](#) Roughead St Leongatha

Girls			Boys
1	14/15 years	50m Butterfly	2
3	16 & Over	50m Butterfly	4
5	12/13 years	50m Butterfly	6
7	10/11 years	50m Butterfly	8
9	9 & Under	50m Butterfly	10
11	**12 & Under**	50m Butterfly Kick	12
13	**13 & Over**	50m Butterfly Kick	14
15	14/15 years	50m Backstroke	16
17	16 & Over	50m Backstroke	18
19	12/13 years	50m Backstroke	20
21	10/11 years	50m Backstroke	22
23	9 & Under	50m Backstroke	24
25	**12 & Under**	100m Mixed up Individual Medley	26
27	**13 & Over**	100m Mixed Up Individual Medley	28
29	14/15 years	50m Breaststroke	30
31	16 & Over	50m Breaststroke	32
33	12/13 years	50m Breaststroke	34
35	10/11 years	50m Breaststroke	36
37	9 & Under	50m Breaststroke	38
39	**12 & Under**	50m Freestyle Skins	40
41	**13 & Over**	50m Freestyle Skins	42
43	14/15 years	50m Freestyle	44
45	16 & Over	50m Freestyle	46
47	12/13 years	50m Freestyle	48
49	10/11 years	50m Freestyle	50
51	9 & Under	50m Freestyle	52
53	Open	10 x 50m Freestyle Relay	54

The Duel in the Pool is a meet with a difference! Swimmers will enter 50m sprint events on line. They will then be put into colour teams – Red, Green, Yellow and Blue where there will be a mixture of ages and clubs represented.

As a team the swimmers will accrue points: 1<sup>st</sup>- 22, 2<sup>nd</sup>-18, 3<sup>rd</sup>- 16, 4<sup>th</sup>-14 and so on for individual events and 100, 60, 40, 20 for \*\*special events\*\*. The \*\*special events\*\* are entered by Team Coaches in consultation with the Team Captains. Swimmers may swim in only 1 \*\*special event\*\* for their team.

### **\*\*Special Events\***

- 1 12 & Under and 13 & Over 50M butterfly kick using a kickboard Boys and Girls
- 2 12 & Under and 13 & Over 100m Mixed Up IM – swimmers swim IM in order printed on a card with each swimmer swimming a different order Boys and Girls
- 3 12 & Under and 13 & Over 50m Freestyle Skins. Swum together to give rest time, 2 swimmers from each team compete over 50m 4 times with two swimmers dropping out after the first legs and one swimmer each leg after.
- 4 10x50 mixed freestyle relay - Each team is made up of 10 swimmers – 2 x 9/U, 2x 11/U, 2 x 13/U, 2 x 15/U and 2 x 16 & O – who will compete as a relay team

### **RULES** (these are important)

\*Swimmers MUST dress up in team colours- t shirts, tutus, hats, etc. and supporters should too!!



\*Swimmers may wear only training style bathers to compete – no racing suits.

\*There must be much shouting and encouragement!

\* **Meet entries close ten days prior (Thursday 9<sup>th</sup> November)** to the meet to give the Organisers time to set teams and choose Coaches and Team Captains (and let swimmers know their teams!!)

**Meet 6 LC**  
**Tom Osborne Sale**  
**Saturday 25/11/23**

**Venue:** [Lex Glover 50m Outdoor](#), Guthridge Street, Sale

**GIRLS EVENT**

1	Open	1500M Freestyle
3	Open	800M Freestyle
5	11 & Under	50M Breaststroke
7	12 & Over	50M Breaststroke
9	11 & Under	200M Freestyle
11	12 & Over	200M Freestyle
13	11 & Under	50M Butterfly
15	12 & Over	50M Butterfly
17	11 & Under	200M Individual Medley
19	12 & Over	200M Individual Medley
21	11 & Under	100M Freestyle
23	12 & Over	100M Freestyle
25	*Open	200M Butterfly
27	11 & Under	100M Backstroke
29	12 & Over	100M Backstroke

**BOYS EVENT**

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**BREAK**

31	Open	4 x 50M Freestyle Relay TBC	32
33	Open	4 x 50M Medley Relay TBC	34
35	11 & Under	100M Butterfly	36
37	12 & Over	100M Butterfly	38
39	*Open	200M Breaststroke	40
41	11 & Under	50M Backstroke	42
43	12 & Over	50M Backstroke	44
45	25 & O	50M Freestyle	46
47	11 & Under	50M Freestyle	48
49	12 & Over	50M Freestyle	50
51	*Open	200M Backstroke	52
53	11 & Under	100M Breaststroke	54
55	12 & Over	100M Breaststroke	56

**OFFICIALS 9:30am, MARSHALLING 9:45am, COMMENCES 10.00am.**

**Time Trial Conditions:**

1. Ribbons presented 3 place 10/11, 12/13, 14/15, 16 & Over
2. Ribbons presented to 6<sup>th</sup> place for 9 years and under.
3. Scoring Open and Interclub points
4. \*Open events restricted to 11/O swimmers

**Entry Conditions**

1. Entry Process as defined at the front of Meet Programs.
2. Enter on-line here
3. Late entries \$30.
4. Enter online here by Wednesday 9pm prior to the meet
5. Swimmers are restricted to 5 events

**Meet 7 LC**  
**Sale hosted by EGWD**  
**Saturday 2/12/23**

**Venue:** [Lex Glover 50m Outdoor](#), Guthridge Street, Sale

**GIRLS EVENT**

1	12 & Under	100M Freestyle
3	13 & Over	100M Freestyle
5	12 & Under	50M Breaststroke
7	13 & Over	50M Breaststroke
9	*Open	200M Butterfly
11	12 & Under	50M Butterfly
13	13 & Over	50M Butterfly
15	12 & Under	100M Backstroke
17	13 & Over	100M Backstroke
19	12 & Under	200M Individual Medley
21	13 & Over	200M Individual Medley
23	Open	4x50M Freestyle Relay TBC

**BOYS EVENT**

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**BREAK**

25	13 & Over	50M Backstroke	26
27	12 & Under	50M Backstroke	28
29	13 & Over	200M Freestyle	30
31	12 & Under	200M Freestyle	32
33	13 & Over	100M Breaststroke	34
35	12 & Under	100MBreaststroke	36
37	*Open	200M Backstroke	38
39	25 & Over	50M Freestyle	40
41	12 & Under	50M Freestyle	42
43	13 & Over	50M Freestyle	44
45	*Open	200M Breaststroke	46
47	12 & Under	100M Butterfly	48
49	13 & Over	100M Butterfly	50
51	Open	4x50M Medley Relay TBC	52

**OFFICIALS 9:30am, MARSHALLING 9:45am, COMMENCES 10.00am.**

**Time Trial Conditions:**

1. Ribbons presented 3 place 11/12, 13/14, 15/16, 17 & Over
2. Ribbons presented to 6<sup>th</sup> place for 9/10 years and 8/under.
3. Scoring Open and Interclub points
4. \*Open events restricted to 11/O swimmers

**Entry Conditions**

1. Entry Process as defined at the front of Meet Programs. Meet Entry Fee
2. Late manual entries \$30.
3. Enter online. Entries close at 9pm on 23/11/22
4. Entries for relays are due with recorder by 10am
5. Swimmers are restricted to 5 events plus relays

# Meet 8 LC/Camp 21 Traralgon Saturday 9/12/23

**Venue:** Gippsland Regional Aquatic Centre, Kay Street, Traralgon

<b>GIRLS EVENT</b>		<b>BOYS EVENTS</b>	
1	11 & Under	200M Individual Medley	2
3	12 & Over	200M Individual Medley	4
5	11 & Under	50M Backstroke	6
7	12 & Over	50M Backstroke	8
9	11 & Under	50M Butterfly	10
11	12 & Over	50M Butterfly	12
13	*Open	200M Backstroke	14
15	11 & Under	100M Butterfly	16
17	12 & Over	100M Butterfly	18
19	*Open	200M Breaststroke	20
21	11 & Under	100M Freestyle	22
23	12 & Over	100M Backstroke	24
25	11 & Under	200M Freestyle	26
27	12 & Over	200M Freestyle	28

## BREAK and CAMP 21 Time Trials

29	*Open	400M Freestyle	30
31	*Open	400M Individual Medley	32
33	11 & Under	100M Backstroke	34
35	12 & Over	100M Freestyle	36
37	11 & Under	50M Freestyle	38
39	12 & Over	50M Breaststroke	40
41	*Open	200M Butterfly	42
43	11 & Under	100M Breaststroke	44
45	12 & Over	100M Breaststroke	46
47	25 & O	50M Freestyle	48
49	12 & Over	50M Freestyle	50
51	11 & Under	50M Breaststroke	52

### Time Trial Conditions:

1. Ribbons presented 3 place 10/11, 12/13, 14/15, 16 & Over
2. Ribbons presented to 6<sup>th</sup> place for 9 years and under.
3. Scoring Open and Interclub points
4. \*Open events restricted to 11/O swimmers

### Entry Conditions

1. Entry Process as defined at the front of Meet Programs.
2. Enter on-line here
3. Late entries \$30.
4. Enter online here by Wednesday 9pm prior to the meet
5. Swimmers are restricted to 5 events

# Meet 9 LC/Camp 21

Last Blast LC Meet

Warragul

Saturday 6/01/24

Venue: [Warragul Leisure Centre Outdoor Pool](#) Burke Street Warragul

## GIRLS EVENT

1	Open
3	Open
5	12 & Under
7	13 & Over
9	12 & Under
11	13 & Over
13	Open
15	12 & Under
17	13 & Over
19	25 & O
21	13 & Over
23	12 & Under

## BOYS EVENTS

400M Freestyle	2
400M Individual Medley	4
100M Backstroke	6
100M Freestyle	8
50M Freestyle	10
50M Breaststroke	12
200M Butterfly	14
100M Breaststroke	16
100M Backstroke	18
50M Freestyle	20
50M Freestyle	22
50M Breaststroke	24

## BREAK – Camp 21 Time trials

25	12 & Under	200M Individual Medley	26
27	13 & Over	200M Individual Medley	28
29	12 & Under	50M Backstroke	30
31	13 & Over	50M Backstroke	32
33	12 & Under	50M Butterfly	34
35	13 & Over	50M Butterfly	36
37	Open	200M Backstroke	38
39	12 & Under	100M Butterfly	40
41	13 & Over	100M Breaststroke	42
43	Open	200M Breaststroke	44
45	12 & Under	100M Freestyle	46
47	13 & Over	100M Butterfly	48
49	12 & Under	200M Freestyle	50
51	13 & Over	200M Freestyle	53

**OFFICIALS 9:30am, MARSHALLING 9:45am, COMMENCES 10.00am.**

### Time Trial Conditions:

1. Ribbons presented 3 place 11/12, 13/14, 15/16, 17 & Over
2. Ribbons presented to 6<sup>th</sup> place for 8 & Under, 9/10
3. Swimmers may choose one swim only in events 1-4
4. Scoring Open and Interclub points
5. \*Open events are restricted to 11 & Over

### Entry Conditions:

1. Entry Process as defined at the front of Meet Programs.
2. Enter on-line
3. Late entries \$30.
4. Swimmers are limited to 5 events

# Don Coupe Memorial Meet

## GSI Meet 10 LC Moe

### Saturday 3/02/24

**Venue:** Moe 50m Outdoor, Vale St, Moe

#### GIRLS EVENTS

1	12 & Under
3	13 & Over
5	12 & Under
7	13 & Over
9	12 & Under
11	13 & Over
13	12 & Under
15	13 & Over
17	12 & Under
19	13 & Over
21	12 & Under
23	13 & Over

50M Freestyle
50M Freestyle
100M Butterfly
100M Butterfly
200M Individual Medley
100M Breaststroke
50M Breaststroke
50M Backstroke
200M Freestyle
200M Freestyle
100M Breaststroke
200M Individual Medley

#### BOYS EVENTS

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#### BREAK

#### Skins Event/Dash for Cash

25	12 & Under	50M Backstroke	26
27	13 & Over	50M Butterfly	28
29	12 & Under	50M Butterfly	30
31	13 & Over	50M Breaststroke	32
33	25 & Over	50M Freestyle	34
35	12 & Under	100M Backstroke	36
37	13 & Over	100M Backstroke	38
39	12 & Under	100M Freestyle	40
41	13 & Over	100M Freestyle	42
43	Open	200M Backstroke	44
45	Open	200M Butterfly	46
47	Open	200M Breaststroke	48

**OFFICIALS 9:30am, MARSHALLING 9:45am, COMMENCES 10.00am.**

#### Time Trial Conditions

1. Ribbons to 3<sup>rd</sup> place presented to Male and Female: 11/12, 13/14, 15/16, 17 & Over
2. Ribbons to 6<sup>th</sup> place for 8 & under and 9/10 years.
3. Break dependent on number of entries
4. Open events restricted to 11/O swimmers
5. Skins: Top 8 swimmers from 12 & U and 13 & O from events 1-12 will be included in the last 4 events which will be cycled through with 2 swimmers dropped out of each leg until 2 remain in each age group/gender.
6. **Cash prizes of \$50 for each 1<sup>st</sup> placed swimmer, \$30 for second and \$20 for third boys and girls.**

#### Entry Conditions:

1. Entry Process as defined at the front of Meet Programs
2. Late manual entries \$30.
3. Entries close at 9pm on Wednesday prior to meet
4. Swimmers may enter only 5 events
5. Swimmers may choose one event from events 43-48

# Meet 11 LC

## Warragul

### Saturday 10/02/24

**Venue:** [Warragul Leisure Centre Outdoor Pool](#) Burke Street Warragul

#### GIRLS EVENT

1	Open	200M Backstroke
3	11 & Under	100M Freestyle
5	12 & Over	100M Freestyle
7	11 & Under	50 Butterfly
9	12 & Over	50M Backstroke
11	Open	200M Breaststroke
13	11 & Under	100M Butterfly
15	25 & Over	50M Freestyle
17	12 & Over	100M Butterfly
19	11 & Under	50M Breaststroke
21	12 & Over	50M Breaststroke
23	11 & Under	200M Individual Medley
25	12 & Over	200M Freestyle
27	Open	200M Butterfly

#### BOYS EVENT

2		
4		
6		
8		
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14		
16		
18		
20		
22		
24		
26		
28		
29	Open	400M Freestyle
31	11 & Under	100M Backstroke
33	12 & Over	100M Backstroke
35	11 & Under	50M Freestyle
37	12 & Over	50M Freestyle
39	11 & Under	50M Backstroke
41	12 & Over	50M Butterfly
43	11 & Under	200M Freestyle
45	12 & Over	200M Individual Medley
47	11 & Under	100M Breaststroke
49	12 & Over	100M Breaststroke

**OFFICIALS 9am, MARSHALLING 9:50, COMMENCES 10am.**

#### Time Trial Conditions:

5. Ribbons presented 3 place 10/11, 12/13, 14/15, 16 & Over
6. Ribbons presented to 6<sup>th</sup> place for 9 years and under.
7. Scoring Open and Interclub points
8. \*Open events restricted to 11/O swimmers

#### Entry Conditions

6. Entry Process as defined at the front of Meet Programs.
7. Enter on-line here
8. Late entries \$30.
9. Enter online here by Wednesday 9pm prior to the meet
10. Swimmers are restricted to 5 events

# Meet 12 LC

## All Junior

### Saturday 17/02/24

Venue: [Lex Glover 50m Outdoor](#), Guthridge Street, Sale

#### GIRLS EVENTS

1	8 & Under	50M Butterfly
3	9 Years	50M Butterfly
5	10 Years	50M Butterfly
7	11 Years	50M Butterfly
9	12 Years	50M Butterfly
11	13 Years	50M Butterfly
13	14 Years	50M Butterfly
15	15 Years	50M Butterfly
17	16 Years	50M Butterfly
19	Mixed 16 & Under	50M Butterfly MC
77	17 & Over	50M Butterfly
20	8 & Under	50M Backstroke
22	9 Years	50M Backstroke
24	10 Years	50M Backstroke
26	11 Years	50M Backstroke
28	12 Years	50M Backstroke
30	13 Years	50M Backstroke
32	14 Years	50M Backstroke
34	15 Years	50M Backstroke
36	16 Years	50M Backstroke
38	Mixed 16 & Under	50M Backstroke MC
79	17 & Over	50M Backstroke

#### BOYS EVENTS

2
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33
35
37
80

#### BREAK

81	35 & Over	4 x 50 Freestyle Relay	82
39	8 & Under	50M Breaststroke	40
41	9 Years	50M Breaststroke	42
43	10 Years	50M Breaststroke	44
45	11 Years	50M Breaststroke	46
47	12 Years	50M Breaststroke	48
49	13 Years	50M Breaststroke	50
51	14 Years	50M Breaststroke	52
53	15 Years	50M Breaststroke	54
55	16 Years	50M Breaststroke	56
57	Mixed 16 & Under	50M Breaststroke MC	
83	17 & Over	50M Breaststroke	84
58	8 & Under	50M Freestyle	59
60	9 Years	50M Freestyle	61
62	10 Years	50M Freestyle	63
64	11 Years	50M Freestyle	65
66	12 Years	50M Freestyle	67
68	13 Years	50M Freestyle	69
70	14 Years	50M Freestyle	71
72	15 Years	50M Freestyle	73
74	16 Years	50M Freestyle	75
76	Mixed 16 & Under	50M Freestyle MC	
85	17 & Over	50M Freestyle	86

**OFFICIALS 9:30am, MARSHALLING 9:45am, COMMENCES 10.00am.**

1. At this meet the top 8 swimmers (16 & Under) may be offered the opportunity to swim at the Country All Junior Meet to be held at MSAC on 18<sup>th</sup> for semi-finals and 19<sup>th</sup> for finals. (TBC)



2. All Junior selection age as on 18<sup>th</sup> March.
3. Swimmers may apply for Stroke Proficiency Certificates (Proficiency, Intermediate, and Beginner) prior to or on the day through GSI Vice President and Proficiency Officer, Miriam Ripper.
4. Non-Registered swimmers enter through [entries@gippslandswimming.org.au](mailto:entries@gippslandswimming.org.au) (Name, Birthdate, Events please)
5. Ribbons are not awarded at All Junior, but 'flashes' are given to top 8 swimmers.
6. Event numbers (17 & Over) do not correspond with placement in the meet which shall be as written in the program.

#### **Entry Conditions:**

1. Entry Process as defined at the front of Meet Programs.
2. Relay entries for event 39 due by 10am.
3. **Entry fee for All Junior is \$25 per swimmer**
4. Late manual entries \$30.
5. Click here to enter by 9pm on 8/02/23

## **PROFICIENCY CERTIFICATES**

All Junior Swimmers may also apply for 'Proficiency Certificates' in conjunction with All Junior entries.

Proficiency Certificates are available as follows:

- Elementary - shows competence in 50m of both Freestyle and Backstroke
- Intermediate - shows competency in 50m of Freestyle, Backstroke and Breaststroke **or** Butterfly
- Proficiency - shows competency in 50m of Freestyle, Backstroke, Breaststroke and Butterfly

Swimmers do not need to achieve specific times to qualify for Proficiency certificates; they need only complete the distance with correct technique. The highest award may be applied for without attaining the lower awards.

Swimmers may apply for Proficiency Certificates at the Announcer's table on 11<sup>th</sup> February.

**Loy Yang B**  
**GIPPSLAND CHAMPIONSHIPS**  
**DAY 1**  
**9/03/23**

**Venue:** Gippsland Regional Aquatics Centre Breed Street Traralgon

**GIRLS EVENT**

**BOYS EVENT**

1.	Mixed MC	50M	Freestyle	
2.	35 & Over	50M	Freestyle	3.
4	Open	200M	Breaststroke	5.
		<b>Q.TIMES</b>	<b>Girls 3:50</b>	<b>Boys 3:45</b>
6.	13/14 Years	200M	Freestyle	7.
8.	11/12 Years	200M	Ind. Medley	9.
10.	15/16 Years	100M	Butterfly	11.
12.	17 & Over	50M	Butterfly	13.
14.	8 & Under	50M	Butterfly	15.
16.	Open	400M	Freestyle	17.
		<b>Q.TIMES</b>	<b>Girls 6:15</b>	<b>Boys 6:00</b>
18.	11/12 Years	100M	Freestyle	19.
20.	13/14 Years	100M	Breaststroke	21.
22.	15/16 Years	200M	Freestyle	23.
24.	17 & Over	50M	Backstroke	25.
26.	9/10 Years	50M	Backstroke	27.
28.	Open	200M	Butterfly	29.
		<b>Q.TIMES</b>	<b>Girls 4:00</b>	<b>Boys 3:55</b>
30.	13/14 Years	100M	Backstroke	31.
32.	17 & Over	4x50M	Medley Relay	33.
34.	10 & Under	4x50M	Freestyle Relay	35.
36.	16 & Under	4x50M	Freestyle Relay	37.
38.	12 & Under	4x50M	Medley Relay	39.
40.	35 & Over	4x50M	Freestyle Relay	41.
42.	Open	4x100M	Medley Relay	43.

**OFFICIALS 8:00am**

**MARSHALLING 8:15am**

**COMMENCES 8:30 am**

**Entry Conditions:**

1. ON LINE ENTRIES ONLY
2. Individual Entries \$10
3. Relay Entries \$10
4. Entries close 26/02/24
5. Entries regulated by By-Laws Section G.
6. Please note, only the top 16 times will be accepted in the 400M IM and Freestyle events. (Bylaw G5) Swimmers who are outside the qualifying time will be notified.
7. The last (fastest) heat of all individual 200m Open events will be swum in the finals session
8. Relay events will be swum as time trials as part of the Finals Program.
9. 8/U relays may be all girls, all boys, Mixed 1/3 or 2/2. Records (except Event Record) available for all girls, all boys and 2/2 Mix only. One set of medals for this event.
10. Enter online through Swim Central

*FINALS PLANNED TO START AT 3.00pm*

**SWIMMERS PLEASE NOTE THAT IF YOU DON'T FEEL SAFE DIVING IN YOU  
MAY START IN THE WATER.**

# Loy Yang B GIPPSLAND CHAMPIONSHIPS DAY 2

**Venue:** Gippsland Regional Aquatics Centre Breed Street Traralgon

## GIRLS EVENT

44. 11 & Over 50m  
46. 12 & Under 200M  
48. Open 200M

**Q.TIMES Girls 3:30 Boys 3:20**

50. 8 & Under 50M  
52. 9/10 Years 50M  
54. 17 & Over 50M  
56. Mixed MC 50M  
57. 13/14 Years 100M  
59. Open 100M

**Q.TIMES Girls 1:20 Boys 1:15**

61. 15/16 Years 100M  
63. 17 & Over 200M  
65. 11/12 Years 100M  
67. Open 400M

**Q.TIMES Girls 6:15 Boys 6:00**

69. 8 & Under 50M  
71. 9/10 Years 50M  
73. 17 & Over 50M  
75. 15/16 Years 100M  
77. 13/14 Years 200M  
79. Open 100M

**Q.TIMES Girls 1:50 Boys 1:45**

81. Mixed 8 & U 4x50M  
82. Mixed Open 4x50M  
83. 12 & Under 4x50M  
85. 16 & Under 4x50M  
87. 14 & Under 4x50M  
89. 17 & Over 4x50M

Freestyle  
Freestyle  
Backstroke

Freestyle  
Freestyle  
Breaststroke  
Backstroke  
Butterfly  
Freestyle

Backstroke  
Freestyle  
Breaststroke  
Ind. Medley

Backstroke  
Butterfly  
Freestyle  
Freestyle  
Ind. Medley  
Breaststroke

Freestyle Relay.  
Medley Relay  
Freestyle Relay  
Medley Relay  
Medley Relay  
Freestyle Relay

## BOYS EVENT

45.  
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**OFFICIALS 8:00am**

**MARSHALLING 8:15am**

**COMMENCES 8:30 am**

**FINALS PLANNED TO START AT 3.00pm**

SWIMMERS PLEASE NOTE THAT IF YOU DON'T FEEL SAFE DIVING IN YOU  
MAY START IN THE WATER.

# Loy Yang B GIPPSLAND CHAMPIONSHIPS DAY 3

**Venue:** Gippsland Regional Aquatics Centre Breed Street Traralgon

## GIRLS EVENT

## BOYS EVENT

91.	Mixed MC	50M		Butterfly	
92.	Open	100M		Butterfly	93.
		<b>Q.TIMES</b>	<b>Girls 1:40</b>	<b>Boys 1:30</b>	
94.	10 & Under	200M		Ind. Medley	95.
96.	11/12 Years	100M		Backstroke	97.
98.	15/16 Years	200M		Ind. Medley	99.
100.	17 & Over	200M		Ind. Medley	101
102.	13/14 Years	100M		Freestyle	103
104.	9/10 Years	50M		Breaststroke	105.
106.	Open	200M		Individual Medley	107.
		<b>Q.TIMES</b>	<b>Girls 3:30</b>	<b>Boys 3:25</b>	
108.	25 & Over	50M		Freestyle	109.
110.	8 & Under	50M		Breaststroke	111.
112.	Mixed MC	50M		Breaststroke	
113.	Open	100M		Backstroke	114.
		<b>Q.TIMES</b>	<b>Girls 1:35</b>	<b>Boys 1:28</b>	
115.	11/12 Years	100M		Butterfly	116.
117.	15/16 Years	100M		Breaststroke	118.
119.	Open	200M		Freestyle	120.
		<b>Q.TIMES</b>	<b>Girls 2:50</b>	<b>Boys 2:35</b>	
121.	14 & Under	4x50M		Freestyle Relay	122
123.	Mixed Open	4x50M		Freestyle Relay	
124.	10 & Under	4x50M		Medley Relay	125.
126.	Open	4x100M		Freestyle Relay	127.

**OFFICIALS 8:00am**

**MARSHALLING 8:15am**

**COMMENCES 8:30 am**

**FINALS PLANNED TO START AT 2.00pm**

SWIMMERS PLEASE NOTE THAT IF YOU DON'T FEEL SAFE DIVING IN YOU  
MAY START IN THE WATER