

## GSI Fixture 2024-25

Month	Sat	Sun	Meet Name	Venue	SC LC	Host	Start Time	Entries Due	
May									
June		2							
		9							
		16	AGL Season Blast Off SC Meet	GRAC	SC	TRL	9:00am	10/6	
		23	SGB SC Meet 1	Leongatha	SC	SGB	4:30pm		
		30							
July		7							
		14	SGB SC Meet 2	Leongatha	SC	SGB	10:00am		
		21	Doc Shop Cup SC Meet	GRAC	SC	TRL	9:30am		
	27	28	Warragul Twilight Meet	WGL	SC	WGL			
August		4	Geoff Peterson Memorial Sprint Meet	MWL	SC	MWL			
	10	11	Country SC Championships	TRL	SC	GSI			
	17	18	Vic Open SC Championships	MSAC	LC	SV			
	24	25							
September	31	1	MulchXpress Traralgon Junior Meet	GRAC	SC	TRL	3pm		
	7	8	Vic Age SC Championships	MSAC	LC	SV			
	14	15	GSI Meet 1 Duel in the Pool	Leongatha	SC	SGB			
	21	22							
	28	29							
October	5	6	GSI Meet 2 Con Amalos	Morwell	SC	MWL			
	12	13	GSI Meet 3 LC Opener	GRAC	LC	TRL			
	19	20	GSI Meet 4	Leongatha	SC	SGB			
	26	27	Country Junior District Comp	MSAC	LC	SV			
November	2	3	Melbourne Cup Weekend						
	9	10	GSI Meet 5	Warragul	LC	WGL			
	16	17	GSI Meet 6	GRAC	LC	TRL			
	23	24	GSI Meet 7 Tom Osborne	Sale	LC	SLE			
December	30	1	Warragul LC Qualifying Meet	WGL	LC	WGL			
	7	8	GSI Meet 8 Camp 21	GRAC	LC	TRL			
	14	15	Vic Age LC						
	21	22	Christmas Break						
	28	29							
January	4	5	GSI Meet 9 Camp 21	WGL	LC	WGL			
	11	12	Vic Sprints						
	18	19	Country LC	Mildura	LC				
	25	26							
February	1	2	GSI Meet 10 Andy Barnes	Sale	LC	SLE			
	8	9	GSI Meet 11 Don Coupe Memorial	Moe	LC	MOE			
	15	16	GSI Meet 12 All Junior	Sale	LC	EGWD			
	22	23							
March	1	2							
	8	10	Gippsland Championships	WGL	LC	WGL			
	15	16							
	22	23	Country All Junior	MSAC	LC	SV			

### Entries

On-line through Swim Central. Entries close on Wednesday at 9pm prior to the swim meet. Only registered swimmers may enter GSI meets (with the exception of All Junior). Credit card payment is required.

**Entry Fee:** An entry fee of **\$21 (except for Gippies)** is paid when entering on line. There will be no entry fee for spectators. No meet entries will be refunded.

**Late Entries:** Late entries will be allowed for most meets from Wednesday after the entry period closes. Late Manual Entries incur a fee of **\$19** will be added to the \$21 entry fee. Late entries will be accepted online until the night prior to the meet.

**Checking Entries for accuracy:** An entry file will be posted on the GSI website on Friday along with a Meet Program. Meets are regularly updated on Meet Mobile as well. Parents and swimmers are encouraged to check the file for accuracy. Please contact the GSI Entries Officer at [entries@gippslandswimming.org.au](mailto:entries@gippslandswimming.org.au) if entries are missing or incorrect.

**Scratching from events at meets:** Scratching is to be done through Team Managers *only* (swimmers/parents are not to go to the recording table regarding scratching). **Team Managers are required to submit the appropriate forms by 9:30am for pre-meet scratching.** *After 9:30am swimmers or Team Managers may scratch through the Marshall.* A program will be printed after 9:30am including all pre-meet scratchings. The smooth running of the meet will be affected by the timely submission of scratchings.

Swimmers who are unable to attend a meet for which you are entered should contact a Team Manager so they will be scratched from events.

**Relay entries:** Relay entries for Gippsland Championships are to be made through Swim Central by the relay closing date. Relay entries for regular season meets may be submitted to the Recorder for morning session relays by 9:30am and for afternoon session relays by the break unless otherwise noted in the program instructions.

## Recommended Qualifying Times for Open 100 and 200m Events in 2023/24

In an effort to allow swimmers every opportunity to attempt longer distances and achieve Qualifying times for competition outside Gippsland, Qualifying Times have been eliminated from the Gippsland Program for all meets except for Open events at the Gippsland Championships.

Parents and coaches are asked to be mindful of swimmer's capability in swimming longer distances and bear in mind the following 'recommended' times before entering children in events. These times are the Open QT used in the Gippsland Championships and are generous.

	<b>Female</b>	<b>Male</b>
<b>100 Free</b>	<b>1:20.00</b>	<b>1:15.00</b>
<b>200 Free</b>	<b>3:00.00</b>	<b>2:50.00</b>
<b>100 Back</b>	<b>1:40.00</b>	<b>1:28.00</b>
<b>200 Back</b>	<b>3:30.00</b>	<b>3:20.00</b>
<b>100 Breast</b>	<b>1:50.00</b>	<b>1:45.00</b>
<b>200 Breast</b>	<b>3:50.00</b>	<b>3:45.00</b>
<b>100 Fly</b>	<b>1:40.00</b>	<b>1:30.00</b>
<b>200 Fly</b>	<b>4:00.00</b>	<b>3:55.00</b>
<b>200 IM</b>	<b>3:30.00</b>	<b>3:25.00</b>
<b>400 Free</b>	<b>6:15.00</b>	<b>6:00.00</b>
<b>400 IM</b>	<b>6:15.00</b>	<b>6:00.00</b>

# Meet 1 SC **Duel in the Pool** Leongatha Sunday 15/02/2024

Venue: [South Gippsland Splash](#) Roughead St Leongatha

Girls			Boys
1	14/15 years	50m Butterfly	2
3	16 & Over	50m Butterfly	4
5	12/13 years	50m Butterfly	6
7	10/11 years	50m Butterfly	8
9	9 & Under	50m Butterfly	10
11	**12 & Under**	50m Butterfly Kick	12
13	**13 & Over**	50m Butterfly Kick	14
15	14/15 years	50m Backstroke	16
17	16 & Over	50m Backstroke	18
19	12/13 years	50m Backstroke	20
21	10/11 years	50m Backstroke	22
23	9 & Under	50m Backstroke	24
25	**12 & Under**	100m Mixed up Individual Medley	26
27	**13 & Over**	100m Mixed Up Individual Medley	28
29	14/15 years	50m Breaststroke	30
31	16 & Over	50m Breaststroke	32
33	12/13 years	50m Breaststroke	34
35	10/11 years	50m Breaststroke	36
37	9 & Under	50m Breaststroke	38
39	**12 & Under**	50m Freestyle Skins	40
41	**13 & Over**	50m Freestyle Skins	42
43	14/15 years	50m Freestyle	44
45	16 & Over	50m Freestyle	46
47	12/13 years	50m Freestyle	48
49	10/11 years	50m Freestyle	50
51	9 & Under	50m Freestyle	52
53	Open	10 x 50m Freestyle Relay	54

The Duel in the Pool is a meet with a difference! Swimmers will enter 50m sprint events on line. They will then be put into colour teams – Red, Green, Yellow and Blue where there will be a mixture of ages and clubs represented.

As a team the swimmers will accrue points: 1<sup>st</sup>- 22, 2<sup>nd</sup>-18, 3<sup>rd</sup>- 16, 4<sup>th</sup>-14 and so on for individual events and 100, 60, 40, 20 for **\*\*special events\*\***. The **\*\*special events\*\*** are entered by Team Coaches in consultation with the Team Captains. Swimmers may swim in only 1 **\*\*special event\*\*** for their team.

### **\*\*Special Events\***

- 1 12 & Under and 13 & Over 50M butterfly kick using a kickboard Boys and Girls
- 2 12 & Under and 13 & Over 100m Mixed Up IM – swimmers swim IM in order printed on a card with each swimmer swimming a different order Boys and Girls
- 3 12 & Under and 13 & Over 50m Freestyle Skins. Swum together to give rest time, 2 swimmers from each team compete over 50m 4 times with two swimmers dropping out after the first legs and one swimmer each leg after.
- 4 10x50 mixed freestyle relay - Each team is made up of 10 swimmers – 2 x 9/U, 2x 11/U, 2 x 13/U, 2 x 15/U and 2 x 16 & O – who will compete as a relay team

[Enter Here](#)

**RULES** (these are important)

\*Swimmers MUST dress up in team colours- t shirts, tutus, hats, etc. and supporters should too!!

\*Swimmers may wear only training style bathers to compete – no racing suits.

\*There must be much shouting and encouragement!

\* **Meet entries close ten days prior (Thursday 5<sup>th</sup> September)** to the meet to give the Organisers time to set teams and choose Coaches and Team Captains (and let swimmers know their teams!!)

**Meet 2 SC  
Con Amalos Meet  
Morwell  
Sunday 6/10/2024**

Venue: [Morwell Leisure Centre](#) McDonald Street, Morwell

**GIRLS EVENT**

1	12 & Under	100M Butterfly
3	13 & Over	100M Butterfly
5	8 & Under	25M Breaststroke
7	12 & Under	50M Freestyle
9	13 & Over	50M Breaststroke
11	12 & Under	50M Breaststroke
13	13 & Over	50M Backstroke
15	8 & Under	25M Freestyle
17	12 & Under	100M Freestyle
19	13 & Over	100M Breaststroke
21	12 & Under	50M Backstroke
23	13 & Over	50M Freestyle
25	8 & Under	25M Backstroke
27	12 & Under	50M Butterfly
29	13 & Over	50M Butterfly
31	12 & Under	100M Breaststroke
33	13 & Over	100M Backstroke
35	8 & Under	25M Butterfly
37	12 & Under	100M Backstroke
39	13 & Over	100M Freestyle
41	Open Mixed	4x50M Freestyle
42	10 & Under	4x 50M Freestyle
44	Open	4x50M Medley
46	14 & Under	4x50M Freestyle
48	Open Mixed	4x50M Medley
49	Open	4x50M Freestyle
51	14 & Under	4x50M Medley

**BOYS EVENT**

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**OFFICIALS 9:30am, MARSHALLING 9:45am, COMMENCES 10.00am.**

**Time Trial Conditions**

1. Ribbons to 3<sup>rd</sup> place presented to Male and Female: 11/12, 13/14, 15/16, 17 & Over
2. Ribbons to 6<sup>th</sup> place for 8 & under and 9/10 years.
3. Scoring Open and Interclub points for both Individual events and Relays
4. Relay points apply to the seasonal Relay shield.
5. Open points apply to the Con Amalos Shield
6. Break dependent on number of entries
7. Open events restricted to 11/O swimmers

**Entry Conditions:**

1. Entry Process as defined at the front of Meet Programs.
2. Enter online [here](#)
3. Late manual entries \$40 after Wednesday prior to meet
4. Swimmers are limited to 3 Individual events
5. Swimmers are allowed to swim in only 4 relay events

# Meet 3 LC Spring Long Course Saturday 13/10/24

**Venue:** Gippsland Regional Aquatic Centre, Kay Street, Traralgon

## GIRLS EVENT

1	**Open	800M Freestyle
3	12 & Under	200M Individual Medley
5	13 & Over	200M Individual Medley
7	12 & Under	100M Freestyle
9	13 & Over	100M Freestyle
11	*Open	200 Breaststroke
13	12 & Under	50M Breaststroke
15	13 & Over	50M Backstroke
17	12 & Under	50M Butterfly
19	13 & Over	50M Butterfly
21	*Open	200M Backstroke
23	12 & Under	100M Backstroke
25	13 & Over	100M Butterfly
27	12 & Under	200M Freestyle
29	13 & Over	200M Freestyle

## BOYS EVENT

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### Proposed BREAK

31	*Open	400M Individual Medley	32
33	*Open	400M Freestyle	34
35	12 & Under	50M Backstroke	36
37	13 & Over	50M Breaststroke	38
39	25 & O	50M Freestyle	40
41	12 & Under	100M Breaststroke	42
43	13 & Over	100M Backstroke	44
45	*Open	200M Butterfly	46
47	12 & Under	50M Freestyle	48
49	13 & Over	50M Freestyle	50
51	12 & Under	100M Butterfly	52
53	13 & Over	100M Breaststroke	54

**OFFICIALS 8:30am, MARSHALLING 8:45am, COMMENCES 9.00am.**

### Time Trial Conditions

1. Ribbons to 3<sup>rd</sup> place presented to Male and Female: 11/12, 13/14, 15/16, 17 & Over
2. Ribbons to 6<sup>th</sup> place for 8 & Under and 9/10 years.
3. Swimmers may choose one option in events 31-34
4. Scoring Open and Interclub points
5. \*Open events are restricted to 11/Over
6. \*\*Only swimmers within 16sec of a state time may enter the 800M Freestyle Only 1 heat of mixed swimmers

### Entry Conditions:

1. Entry Process as defined at the front of Meet Programs
2. Late entries \$40.
3. Enter online [here](#)
4. Entries close Wednesday prior to meet at 9pm
5. Swimmers are limited to 5 events

# Meet 4 SC Leongatha Sunday 20/10/24

Venue: [South Gippsland Splash](#) Roughead St Leongatha

## GIRLS EVENT

1	Open	200 Individual Medley
3	11 & Under	100M Freestyle
5	12 & Over	100M Freestyle
7	8 & under	25M Butterfly
9	11 & Under	50M Breaststroke
11	12 & Over	50M Breaststroke
13	Open	200M Butterfly
15	11 & Under	50M Freestyle
17	12 & Over	50M Freestyle
19	8 & Under	25M Breaststroke
21	11 & Under	100M Butterfly
23	12 & Over	100M Butterfly
25	Open	200M Backstroke
27	11 & Under	100M Individual Medley
29	12 & Over	100M Individual Medley

## BOYS EVENT

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31	Mixed Family Pairs	2 x 25m Freestyle
32	12 & Over	50M Backstroke
34	11 & Under	50M Backstroke
36	8 & Under	25M Backstroke
38	12 & Over	100M Breaststroke
40	11 & Under	100MBreaststroke
42	Open	200M Freestyle
44	25 & Over	50M Freestyle
46	11 & Under	50M Butterfly
48	12 & Over	50M Butterfly
50	8 & Under	25M Freestyle
52	Open	200M Breaststroke
54	11 & Under	100M Backstroke
56	12 & Over	100M Backstroke

**OFFICIALS 9:30am, MARSHALLING 9:45am, COMMENCES 10.00am.**

### Time Trial Conditions:

1. Ribbons presented 3 place 10/11, 12/13, 14/15, 16 & Over
2. Ribbons presented to 6<sup>th</sup> place for 9 years and under.
3. Scoring Open and Interclub points
4. Open events restricted to 11/Over swimmers

### Entry Conditions

1. Entry Process as defined at the front of Meet Programs. Meet Entry Fee
2. Late manual entries \$40.
3. Enter online. [here](#) Entries close Wednesday prior to meet
4. Entries for relays are due with recorder by 10am
5. Swimmers are limited to 5 events



**Meet 5 LC**  
**Warragul**  
**Saturday 9/11/24**

**Venue:** [Warragul Leisure Centre Outdoor Pool](#) Burke Street Warragul

**GIRLS EVENT**

1	*Open	400M Freestyle
3	*Open	400M IM
5	11 & Under	100M Freestyle
7	12 & Over	100M Freestyle
9	11 & Under	50M Breaststroke
11	12 & Over	50M Breaststroke
13	*Open	200M Butterfly
15	11 & Under	50M Butterfly
17	12 & Over	50M Butterfly
19	11 & Under	100M Backstroke
21	12 & Over	100M Backstroke
23	11 & Under	200M Freestyle
25	12 & Over	200M Freestyle
27	11 & Under	200M Individual Medley
29	12 & Over	200M Individual Medley

**BOYS EVENT**

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**BREAK**

31	12 & Over	50M Backstroke	324
33	11 & Under	50M Backstroke	34
35	12 & Over	100M Breaststroke	36
37	11 & Under	100M Breaststroke	38
39	*Open	200M Backstroke	40
41	25 & Over	50M Freestyle	42
43	11 & Under	50M Freestyle	44
45	12 & Over	50M Freestyle	46
47	*Open	200M Breaststroke	48
49	11 & Under	100M Butterfly	50
51	12 & Over	100M Butterfly	52

**OFFICIALS 9:30am, MARSHALLING 9:45am, COMMENCES 10.00am.**

**Time Trial Conditions:**

1. Ribbons presented 3 place 10/11, 12/13, 14/15, 16 & Over
2. Ribbons presented to 6<sup>th</sup> place for 9/under.
3. Scoring Open and Interclub points
4. \*Open events limited to 11/Over

**Entry Conditions**

1. Entry Process as defined at the front of Meet Programs. Meet Entry Fee
2. Late manual entries \$40.
3. Enter online. Entries close at 9pm Wednesday before the meet
4. Swimmers are limited to 5 events

# Meet 6 LC GRAC Saturday 16/11/24

**Venue:** Gippsland Regional Aquatic Centre, Kay Street, Traralgon

## GIRLS EVENT

1	12 & Under	100M Freestyle
3	13 & Over	100M Freestyle
5	12 & Under	50M Breaststroke
7	13 & Over	50M Breaststroke
9	*Open	200M Breaststroke
11	12 & Under	50M Backstroke
13	13 & Over	50M Backstroke
15	12 & Under	100M Butterfly
17	13 & Over	100M Butterfly
19	12 & Under	200M Individual Medley
21	13 & Over	200M Individual Medley

## BOYS EVENT

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## BREAK

23	13 & Over	50M Butterfly	24
25	12 & Under	50M Butterfly	26
27	13 & Over	200M Freestyle	28
29	12 & Under	200M Freestyle	30
31	13 & Over	100M Breaststroke	32
33	12 & Under	100M Breaststroke	34
35	*Open	200M Backstroke	36
37	25 & Over	50M Freestyle	38
39	12 & Under	50M Freestyle	40
41	13 & Over	50M Freestyle	42
43	*Open	200M Butterfly	44
45	12 & Under	100M Backstroke	46
47	13 & Over	100M Backstroke	48

**OFFICIALS 9:30am, MARSHALLING 9:45am, COMMENCES 10.00am.**

### Time Trial Conditions:

1. Ribbons presented 3 place 11/12, 13/14, 15/16, 17 & Over
2. Ribbons presented to 6<sup>th</sup> place for 9/10 years and 8/under.
3. Scoring Open and Interclub points
4. \*Open events restricted to 11/O swimmers

### Entry Conditions

1. Entry Process as defined at the front of Meet Programs. Meet Entry Fee
2. Late manual entries \$40.
3. Enter online. Entries close at 9pm on Wednesday before meet
4. Swimmers are restricted to 5 events

# Meet 7 LC Tom Osborne Sale Saturday 23/11/24

**Venue:** [Lex Glover 50m Outdoor](#), Guthridge Street, Sale

## GIRLS EVENT

1	Open	1500M Freestyle
3	Open	800M Freestyle
5	11 & Under	50M Breaststroke
7	12 & Over	50M Breaststroke
9	11 & Under	200M Freestyle
11	12 & Over	200M Freestyle
13	11 & Under	50M Butterfly
15	12 & Over	50M Butterfly
17	11 & Under	200M Individual Medley
19	12 & Over	200M Individual Medley
21	11 & Under	100M Freestyle
23	12 & Over	100M Freestyle
25	*Open	200M Butterfly
27	11 & Under	100M Backstroke
29	12 & Over	100M Backstroke

## BOYS EVENT

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## BREAK

31	11 & Under	100M Butterfly	36
33	12 & Over	100M Butterfly	38
35	*Open	200M Breaststroke	40
37	11 & Under	50M Backstroke	42
39	12 & Over	50M Backstroke	44
41	25 & O	50M Freestyle	46
43	11 & Under	50M Freestyle	48
49	12 & Over	50M Freestyle	50
51	*Open	200M Backstroke	52
53	11 & Under	100M Breaststroke	54
55	12 & Over	100M Breaststroke	56

**OFFICIALS 9:30am, MARSHALLING 9:45am, COMMENCES 10.00am.**

### Time Trial Conditions:

1. Ribbons presented 3 place 10/11, 12/13, 14/15, 16 & Over
2. Ribbons presented to 6<sup>th</sup> place for 9 years and under.
3. Scoring Open and Interclub points
4. \*Open events restricted to 11/O swimmers

### Entry Conditions

1. Entry Process as defined at the front of Meet Programs.
2. Enter on-line here
3. Late entries \$40.
4. Enter online here by Wednesday 9pm prior to the meet
5. Swimmers are restricted to 5 events

# Meet 8 LC/Camp 21 Traralgon Saturday 7/12/24

**Venue:** Gippsland Regional Aquatic Centre, Kay Street, Traralgon

<b>GIRLS EVENT</b>		<b>BOYS EVENTS</b>	
1	11 & Under	200M Individual Medley	2
3	12 & Over	200M Individual Medley	4
5	11 & Under	50M Backstroke	6
7	12 & Over	50M Backstroke	8
9	11 & Under	50M Butterfly	10
11	12 & Over	50M Butterfly	12
13	*Open	200M Backstroke	14
15	11 & Under	100M Butterfly	16
17	12 & Over	100M Butterfly	18
19	*Open	200M Breaststroke	20
21	11 & Under	100M Freestyle	22
23	12 & Over	100M Backstroke	24
25	11 & Under	200M Freestyle	26
27	12 & Over	200M Freestyle	28

### BREAK and CAMP 21 Time Trials

29	*Open	400M Freestyle	30
31	*Open	400M Individual Medley	32
33	11 & Under	100M Backstroke	34
35	12 & Over	100M Freestyle	36
37	11 & Under	50M Freestyle	38
39	12 & Over	50M Breaststroke	40
41	*Open	200M Butterfly	42
43	11 & Under	100M Breaststroke	44
45	12 & Over	100M Breaststroke	46
47	25 & O	50M Freestyle	48
49	12 & Over	50M Freestyle	50
51	11 & Under	50M Breaststroke	52

#### **Time Trial Conditions:**

1. Ribbons presented 3 place 10/11, 12/13, 14/15, 16 & Over
2. Ribbons presented to 6<sup>th</sup> place for 9 years and under.
3. Scoring Open and Interclub points
4. \*Open events restricted to 11/O swimmers

#### **Entry Conditions**

1. Entry Process as defined at the front of Meet Programs.
2. Enter on-line here
3. Late entries \$40.
4. Enter online here by Wednesday 9pm prior to the meet
5. Swimmers are restricted to 5 events

# Meet 9 LC/Camp 21

Last Blast LC Meet

Warragul

Saturday 4/01/2025

Venue: [Warragul Leisure Centre Outdoor Pool](#) Burke Street Warragul

## GIRLS EVENT

1	Open
3	Open
5	12 & Under
7	13 & Over
9	12 & Under
11	13 & Over
13	Open
15	12 & Under
17	13 & Over
19	25 & O
21	13 & Over
23	12 & Under

## BOYS EVENTS

400M Freestyle	2
400M Individual Medley	4
100M Backstroke	6
100M Freestyle	8
50M Freestyle	10
50M Breaststroke	12
200M Butterfly	14
100M Breaststroke	16
100M Backstroke	18
50M Freestyle	20
50M Freestyle	22
50M Breaststroke	24

## BREAK – Camp 21 Time trials

25	12 & Under	200M Individual Medley	26
27	13 & Over	200M Individual Medley	28
29	12 & Under	50M Backstroke	30
31	13 & Over	50M Backstroke	32
33	12 & Under	50M Butterfly	34
35	13 & Over	50M Butterfly	36
37	Open	200M Backstroke	38
39	12 & Under	100M Butterfly	40
41	13 & Over	100M Breaststroke	42
43	Open	200M Breaststroke	44
45	12 & Under	100M Freestyle	46
47	13 & Over	100M Butterfly	48
49	12 & Under	200M Freestyle	50
51	13 & Over	200M Freestyle	53

**OFFICIALS 9:30am, MARSHALLING 9:45am, COMMENCES 10.00am.**

### Time Trial Conditions:

1. Ribbons presented 3 place 11/12, 13/14, 15/16, 17 & Over
2. Ribbons presented to 6<sup>th</sup> place for 8 & Under, 9/10
3. Swimmers may choose one swim only in events 1-4
4. Scoring Open and Interclub points
5. \*Open events are restricted to 11 & Over

### Entry Conditions:

1. Entry Process as defined at the front of Meet Programs.
2. Enter on-line
3. Entries close on Wednesday at 9pm prior to Swim meet
4. Late entries \$40.
5. Swimmers are limited to 5 events

**Meet 10 LC**  
**Andy Barnes Memorial**  
**Saturday 1/02/25**

Venue: [Lex Glover 50m Outdoor](#), Guthridge Street, Sale

<b>GIRLS EVENT</b>		<b>BOYS EVENT</b>	
1	13 & Over	100M Freestyle	2
3	12 & Under	100M Freestyle	4
5	13 & Over	50M Butterfly	6
7	12 & Under	50M Butterfly	8
9	13 & Over	50M Breaststroke	10
11	12 & Under	50M Breaststroke	12
13	13 & Over	100M Breaststroke	14
15	12 & Under	100M Freestyle	16
17	13 & Over	200M Freestyle Relay	18
19	12 & Under	200M Freestyle Relay	20
21	Mixed	200M Backstroke Relay	
22	Open	200M Individual Medley	23
24	13 & Over	50M Freestyle	25
26	12 & Under	50M Backstroke	27
28	13 & Over	50M Backstroke	29
30	12 & Under	50M Freestyle	31
32	13 & Over	200M Medley Relay	33
34	12 & Under	200M Medley Relay	35
36	Mixed	200M Breaststroke Relay	
37	12 & Under	100M Breaststroke	38
39	13 & Over	100M Butterfly	40
41	12 & Under	100M Butterfly	42
43	13 & Over`	100M Breaststroke	44

**OFFICIALS 11am, MARSHALLING 11:50, COMMENCES 12 noon**

**Time Trial Conditions:**

5. Ribbons presented 3 place 11/12, 13/14, 15/16 and 17 & Over
6. Ribbons presented to 6<sup>th</sup> place for 10 years and under.
7. Scoring Open and Interclub points
8. Open points go towards Andy Barne Memorial Shield

**Entry Conditions**

6. Entry Process as defined at the front of Meet Programs.
7. Enter on-line
8. Late entries \$40.
9. Enter online here by Wednesday 9pm prior to the meet
10. Swimmers are restricted to 5 events

# Don Coupe Memorial Meet

## GSI Meet 11 LC Moe

### Saturday 8/02/25

**Venue:** Moe 50m Outdoor, Vale St, Moe

#### GIRLS EVENTS

1	12 & Under
3	13 & Over
5	12 & Under
7	13 & Over
9	12 & Under
11	13 & Over
13	12 & Under
15	13 & Over
17	12 & Under
19	13 & Over
21	12 & Under
23	13 & Over

50M Freestyle
50M Freestyle
100M Butterfly
100M Butterfly
200M Individual Medley
100M Breaststroke
50M Breaststroke
50M Backstroke
200M Freestyle
200M Freestyle
100M Breaststroke
200M Individual Medley

#### BOYS EVENTS

2
4
6
8
10
12
14
16
18
20
22
24

#### BREAK

#### Skins Event/Dash for Cash

25	12 & Under	50M Backstroke	26
27	13 & Over	50M Butterfly	28
29	12 & Under	50M Butterfly	30
31	13 & Over	50M Breaststroke	32
33	25 & Over	50M Freestyle	34
35	12 & Under	100M Backstroke	36
37	13 & Over	100M Backstroke	38
39	12 & Under	100M Freestyle	40
41	13 & Over	100M Freestyle	42
43	Open	200M Backstroke	44
45	Open	200M Butterfly	46
47	Open	200M Breaststroke	48

**OFFICIALS 9:30am, MARSHALLING 9:45am, COMMENCES 10.00am.**

#### Time Trial Conditions

1. Ribbons to 3<sup>rd</sup> place presented to Male and Female: 11/12, 13/14, 15/16, 17 & Over
2. Ribbons to 6<sup>th</sup> place for 8 & under and 9/10 years.
3. Break dependent on number of entries
4. Open events restricted to 11/O swimmers
5. Skins: Top 8 swimmers from 12 & U and 13 & O from events 1-12 will be included in the last 4 events which will be cycled through with 2 swimmers dropped out of each leg until 2 remain in each age group/gender.
6. **Cash prizes of \$50 for each 1<sup>st</sup> placed swimmer, \$30 for second and \$20 for third boys and girls.**

#### Entry Conditions:

1. Entry Process as defined at the front of Meet Programs
2. Late manual entries \$40.
3. Entries close at 9pm on Wednesday prior to meet
4. Swimmers may enter only 5 events
5. Swimmers may choose one event from events 43-48

**Meet 12 LC**  
**All Junior**  
**Saturday 15/02/25**

Venue: [Lex Glover 50m Outdoor](#), Guthridge Street, Sale

**GIRLS EVENTS**

**BOYS EVENTS**

1	8 & Under	50M Butterfly	2
3	9 Years	50M Butterfly	4
5	10 Years	50M Butterfly	6
7	11 Years	50M Butterfly	8
9	12 Years	50M Butterfly	10
11	13 Years	50M Butterfly	12
13	14 Years	50M Butterfly	14
15	15 Years	50M Butterfly	16
17	16 Years	50M Butterfly	18
19	Mixed 16 & Under	50M Butterfly MC	
77	17 & Over	50M Butterfly	78
20	8 & Under	50M Backstroke	21
22	9 Years	50M Backstroke	23
24	10 Years	50M Backstroke	25
26	11 Years	50M Backstroke	27
28	12 Years	50M Backstroke	29
30	13 Years	50M Backstroke	31
32	14 Years	50M Backstroke	33
34	15 Years	50M Backstroke	35
36	16 Years	50M Backstroke	37
38	Mixed 16 & Under	50M Backstroke MC	
79	17 & Over	50M Backstroke	80
<b>BREAK</b>			
81	35 & Over	4 x 50 Freestyle Relay	82
39	8 & Under	50M Breaststroke	40
41	9 Years	50M Breaststroke	42
43	10 Years	50M Breaststroke	44
45	11 Years	50M Breaststroke	46
47	12 Years	50M Breaststroke	48
49	13 Years	50M Breaststroke	50
51	14 Years	50M Breaststroke	52
53	15 Years	50M Breaststroke	54
55	16 Years	50M Breaststroke	56
57	Mixed 16 & Under	50M Breaststroke MC	
83	17 & Over	50M Breaststroke	84
58	8 & Under	50M Freestyle	59
60	9 Years	50M Freestyle	61
62	10 Years	50M Freestyle	63
64	11 Years	50M Freestyle	65
66	12 Years	50M Freestyle	67
68	13 Years	50M Freestyle	69
70	14 Years	50M Freestyle	71
72	15 Years	50M Freestyle	73
74	16 Years	50M Freestyle	75
76	Mixed 16 & Under	50M Freestyle MC	
85	17 & Over	50M Freestyle	86

**OFFICIALS 9:30am, MARSHALLING 9:45am, COMMENCES 10.00am.**

1. At this meet the top 8 swimmers (16 & Under) may be offered the opportunity to swim at the Country All Junior Meet to be held at MSAC on 18<sup>th</sup> for semi-finals and 19<sup>th</sup> for finals. (TBC)



2. All Junior selection age as on 18<sup>th</sup> March.
3. Swimmers may apply for Stroke Proficiency Certificates (Proficiency, Intermediate, and Beginner) prior to or on the day through GSI Vice President and Proficiency Officer, Miriam Ripper.
4. Non-Registered swimmers enter through [entries@gippslandswimming.org.au](mailto:entries@gippslandswimming.org.au) (Name, Birthdate, Events please)
5. Ribbons are not awarded at All Junior, but 'flashes' are given to top 8 swimmers.
6. Event numbers (17 & Over) do not correspond with placement in the meet which shall be as written in the program.

#### Entry Conditions:

1. Entry Process as defined at the front of Meet Programs.
2. Relay entries for event 39 due by 10am.
3. **Entry fee for All Junior is \$25 per swimmer**
4. Late manual entries \$40.
5. [Click here](#) to enter by 9pm Wednesday before the meet

## PROFICIENCY CERTIFICATES

All Junior Swimmers may also apply for 'Proficiency Certificates' in conjunction with All Junior entries.

Proficiency Certificates are available as follows:

- Elementary - shows competence in 50m of both Freestyle and Backstroke
- Intermediate - shows competency in 50m of Freestyle, Backstroke and Breaststroke **or** Butterfly
- Proficiency - shows competency in 50m of Freestyle, Backstroke, Breaststroke and Butterfly

Swimmers do not need to achieve specific times to qualify for Proficiency certificates; they need only complete the distance with correct technique. The highest award may be applied for without attaining the lower awards.

Swimmers may apply for Proficiency Certificates at the Announcer's table on 11<sup>th</sup> February.

**Loy Yang B**  
**GIPPSLAND CHAMPIONSHIPS**  
**DAY 1**  
**8/03/25**

**Venue:** [Warragul Leisure Centre Outdoor Pool](#) Burke Street Warragul

**GIRLS EVENT**

**BOYS EVENT**

1.	Mixed MC	50M		Freestyle	
2.	25/35 & Over	50M		Freestyle	3.
4	Open	200M		Breaststroke	5.
			<b>Q.TIMES</b>	<b>Girls 3:50</b>	<b>Boys 3:45</b>
6.	13/14 Years	200M		Freestyle	7.
8.	11/12 Years	200M		Ind. Medley	9.
10.	15/16 Years	100M		Butterfly	11.
12.	17 & Over	50M		Butterfly	13.
14.	8 & Under	50M		Butterfly	15.
16.	Open	400M		Freestyle	17.
			<b>Q.TIMES</b>	<b>Girls 6:15</b>	<b>Boys 6:00</b>
18.	11/12 Years	100M		Freestyle	19.
20.	13/14 Years	100M		Breaststroke	21.
22.	15/16 Years	200M		Freestyle	23.
24.	17 & Over	50M		Backstroke	25.
26.	8 & Under	50M		Backstroke	27.
28.	9/10 Years	50M		Backstroke	29.
30.	Open	200M		Butterfly	31.
			<b>Q.TIMES</b>	<b>Girls 4:00</b>	<b>Boys 3:55</b>
32.	13/14 Years	100M		Backstroke	33.
34.	17 & Over	4x50M		Medley Relay	35.
36	10 & Under	4x50M		Freestyle Relay	37.
38.	16 & Under	4x50M		Freestyle Relay	39.
40.	12 & Under	4x50M		Medley Relay	41.
42.	35 & Over	4x50M		Freestyle Relay	43.
44.	Open	4x100M		Medley Relay	45.

**OFFICIALS 8:00am**

**MARSHALLING 8:15am**

**COMMENCES 8:30 am**

**Entry Conditions:**

1. ON LINE ENTRIES ONLY
2. Individual Entries \$10
3. Relay Entries \$10
4. Entries close 26/02/24 Late entry fees apply
5. Entries regulated by By-Laws Section G.
6. Please note, only the top 16 times will be accepted in the 400M IM and Freestyle events. (Bylaw G5) Swimmers who are outside the qualifying time will be notified.
7. The last (fastest) heat of all individual 200m Open events will be swum in the finals session
8. Relay events will be swum as time trials as part of the Finals Program.
9. 8/U relays may be all girls, all boys, Mixed 1/3 or 2/2. Records (except Event Record) available for all girls, all boys and 2/2 Mix only. One set of medals for this event.
10. Event 126 Mixed Para/Able no points, 2x para swimmers and 2x Able Bodied can be mixed clubs
11. Enter online through Swim Central

FINALS PLANNED TO START AT 3.00pm

# Loy Yang B GIPPSLAND CHAMPIONSHIPS DAY 2

**Venue:** Gippsland Regional Aquatics Centre Breed Street Traralgon

## GIRLS EVENT

46. 11 & Over 50m  
48. 12 & Under 200M  
50. Open 200M

**Q.TIMES Girls 3:30 Boys 3:20**

52. 8 & Under 50M  
54. 9/10 Years 50M  
56. 17 & Over 50M  
58. Mixed MC 50M  
59. 13/14 Years 100M  
61. Open 100M

**Q.TIMES Girls 1:20 Boys 1:15**

63. 15/16 Years 100M  
65. 17 & Over 200M  
67. 11/12 Years 100M  
69. Open 400M

**Q.TIMES Girls 6:14 Boys 6:00**

71. 8 & Under 50M  
73. 9/10 Years 50M  
75. 17 & Over 50M  
77. 15/16 Years 100M  
79. 13/14 Years 200M  
81. Open 100M

**Q.TIMES Girls 1:50 Boys 1:45**

83. Mixed 8 & U 4x50M  
84. Mixed Open 4x50M  
85. 12 & Under 4x50M  
87. 16 & Under 4x50M  
89. 14 & Under 4x50M  
91. 17 & Over 4x50M

## BOYS EVENT

47.  
49.  
51.

Freestyle  
Freestyle  
Backstroke

53.  
55.  
57.  
60.  
62.

Freestyle  
Freestyle  
Breaststroke  
Backstroke  
Butterfly  
Freestyle

64  
66  
68.  
70.

Backstroke  
Freestyle  
Breaststroke  
Ind. Medley

72.  
74.  
76.  
78.  
80.  
82.

Breaststroke  
Butterfly  
Freestyle  
Freestyle  
Ind. Medley  
Breaststroke

Freestyle Relay.  
Medley Relay  
Freestyle Relay  
Medley Relay  
Medley Relay  
Freestyle Relay

**OFFICIALS 8:00am**

**MARSHALLING 8:15am**

**COMMENCES 8:30 am**

**FINALS PLANNED TO START AT 3.00pm**

SWIMMERS PLEASE NOTE THAT IF YOU DON'T FEEL SAFE DIVING IN YOU  
MAY START IN THE WATER.

# Loy Yang B GIPPSLAND CHAMPIONSHIPS DAY 3

**Venue:** Gippsland Regional Aquatics Centre Breed Street Traralgon

## GIRLS EVENT

## BOYS EVENT

93.	Mixed MC	50M		Butterfly	
94.	Open	100M		Butterfly	95.
			<b>Q.TIMES</b>	<b>Girls 1:40</b>	<b>Boys 1:30</b>
96.	10 & Under	200M		Ind. Medley	97.
98.	11/12 Years	100M		Backstroke	99.
100.	15/16 Years	200M		Ind. Medley	101.
102.	17 & Over	200M		Ind. Medley	103.
104.	13/14 Years	100M		Freestyle	105.
106.	9/10 Years	50M		Breaststroke	107.
108.	Open	200M		Individual Medley	109.
			<b>Q.TIMES</b>	<b>Girls 3:30</b>	<b>Boys 3:25</b>
110.	Mixed MC	50M		Breaststroke	
111.	Open	100M		Backstroke	112.
			<b>Q.TIMES</b>	<b>Girls 1:35</b>	<b>Boys 1:28</b>
113.	11/12 Years	100M		Butterfly	114.
115.	15/16 Years	100M		Breaststroke	116.
117.	Open	200M		Freestyle	118.
			<b>Q.TIMES</b>	<b>Girls 2:50</b>	<b>Boys 2:35</b>
119.	14 & Under	4x50M		Freestyle Relay	120.
121.	Mixed Open	4x50M		Freestyle Relay	
122.	10 & Under	4x50M		Medley Relay	123.
124.	Mixed Open Para/Able	4x50M		Freestyle Relay	
125.	Open	4x100M		Freestyle Relay	126.

**OFFICIALS 8:00am**

**MARSHALLING 8:15am**

**COMMENCES 8:30 am**

**FINALS PLANNED TO START AT 2.00pm**

SWIMMERS PLEASE NOTE THAT IF YOU DON'T FEEL SAFE DIVING IN YOU  
MAY START IN THE WATER